



### Principal's Desk

#### Extracurricular and Personality development :

Extracurricular activities play a vital role in students' lives, contributing significantly to their personal, social, and academic development. Activities like sports, music, debate, or drama help students develop skills such as leadership, teamwork, and time management. They encourage creative thinking and innovation, often helping students discover talents they might not explore in academics alone. Collaborative activities foster teamwork and cooperation. Participation helps students build friendships and connections that can last a lifetime. Performing or presenting in front of others improves self-confidence and communication skills. Engaging in sports or creative hobbies provides a break from academic pressures and helps reduce stress. Activities like sports promote physical health and teach the importance of an active lifestyle. Research shows that students involved in extracurricular activities often perform better academically due to improved time management and discipline. They allow students to apply theoretical knowledge in real-world settings, enhancing their learning.

Resilience and Perseverance: Facing challenges and competition in extracurricular builds resilience. Activities teach values like fairness, responsibility, and respect for others. They help students identify and pursue passions that might lead to future career. Extracurricular activities are essential for developing a balanced, skilled, and socially adept individual. They complement academic education, preparing students for the challenges of life while nurturing their personal interests and well-being.

With regards

**Dr B A Kumara Hegde,**  
**Principal**



Dr D Veerendra Heggade, President of SDM Educational Society visited the College on 17 December 2024. He interacted with the Principal and Heads of various departments.

## Third US Patent



The Department of PG Studies and Research in Chemistry has been granted its third US patent. This achievement underscores the continued commitment to innovation and excellence by Dr Shashiprabha and Dr Nefisath P for their research findings on “(E)-2-(3-Cyano-4-Isobutoxyphenyl)-N'-(Substituted Benzylidene)-4-Methylthiazole-5-Carbohydrazides as Anti-Tubercular Agents”. Their expertise and creativity have been instrumental in reaching this significant milestone.

## International Seminar Marking the Silver Jubilee Celebration



The Department of PG Studies and Research in Psychology organized a Two-Day International Seminar titled “Breaking Barriers: Advancing Psychological Well-Being across Borders” on 13 and 14 December 2024. This seminar was a significant milestone, marking the Silver Jubilee celebration of the department. During the inaugural ceremony, which took place on 13 December, Dr Vandana Jain, Head and Convenor, extended a warm welcome to the dignitaries, presenting bookmarks as tokens of appreciation. The inauguration was graced by Ms Shraddha Amith, Chief Executive Officer, SDM Kshemavana, Bengaluru, and a proud alumna, released the departmental documentary “Silver Threads of Thought”, which chronicled the department’s remarkable 25-year journey. The release of the faculty and alumni database was conducted by Dr Satheeshchandra S, Secretary, SDME Society, Ujire. A Guruvandana programme was held to honor the teachers who served the department over the last 25 years. Dr M Y Manjula, Former Dean of PG Studies and the retired Head of the Department, shared her journey, shedding light on the department’s legacy and evolution. The inaugural address was delivered by the Chief Guest, Prof Carol D Ryff, Director, Institute on Aging at the University of Wisconsin–Madison, USA. Prof Ryff’s address offered profound insights into mental well-being across global contexts. The ceremony also saw the release of “The Mindful Hustler: Mental Health in the Workplace”, a departmental magazine featuring articles, riddles, photography, and poetry. Additionally, key

publications like the seminar book “Breaking Barriers: Advancing Psychological Well-Being Across Borders” (ISBN-certified) and “Artificial Intelligence in Human Behaviour” were unveiled.



The first day's post-lunch sessions commenced with Psycho-Vision, featuring events like a quiz competition, paper presentations, and a mega alumni meet. The paper presentations occurred in multiple offline and online slots, exploring diverse themes like “Culture and Mental Health Practices”, “Barriers to Mental Health Access”, and “Stress Management in Globalization”. The second day began with technical sessions led by Prof Carol D Ryff, focusing on “Psychological Well-Being: A Global Perspective” and “Self-Compassion: A Pathway to Inner Strength and Well-Being”. Additional sessions included Dr Ramesh Saliyan's talk on “Well-Being of the Nation with a Focus on Mental Health” and Dr Sumit Datta's sessions on “Stress Management” and “Life Skills & Counselling: Indian Knowledge in a Global Context”. During the valedictory ceremony, Dr Deepa Kothari, Director, Alva's Centre for Wellness Training, delivered the valedictory address, emphasizing the pivotal role of psychology in fostering mental well-being. The presidential address was delivered by Dr B A Kumara Hegde, Principal, who commended the department's legacy and achievements. Winners of the quiz competition were recognized and awarded certificates by Prof Mahaveer Jain, Former Dean of PG Studies.



## Annual Special Camp



The NSS Unit organised Annual Special Camp at Government Higher Primary School, Indabettu, Belthangady Taluk (Kallaje) from 5 December to 11 December 2024, under the theme “Youth for MY Bharath - Youth for Digital Literacy”. The camp aimed at engaging NSS volunteers in social service, academic activities, and personality development, providing a well-rounded experience. The inauguration of the camp was graced by Sri K Mohan Kumar, Lakshmi Group of Industries, Ujire, who emphasized the importance of youth participation in nation-building, blending traditional values with digital literacy. The chief guest Dr Shalip Kumari, Registrar Administration, motivated the volunteers to actively participate in the camp’s activities. The camp included several community service initiatives, including a health camp, organised in collaboration with SDM Multi-Speciality Hospital, Lions Club Belthangady, and the Bio-Technology Department of SDM College (Autonomous), Ujire, providing free medical check-ups to around 196 participants. Additionally, 206 areca plants were planted during a Shramadana activity.

The camp concluded with a valedictory session on 11 December 2024, where Dr Madava M K, Head, Department of Kannada, University College, Mangalore, delivered an inspiring address. The efforts of the volunteers were recognized by Dr Sheshappa Ameen K, NSS Coordinator, Mangalore University, and Prof Nanda Kumari, Registrar Evaluation. The camp was well-supported by the school's Headmistress, Mrs Deepa Kiran Kumar Shetty, the School SDMC President, and various resource persons from Belthangady Taluk. Dr Mahesh Kumar Shetty H and Ms Deepa R P coordinated the camp.

## Seminars/Webinars

The Department of Political Science organised an International Webinar on the topic "Current Major International Conflict" on 13 December 2024. The resource person was Prof Alexandru Balas, Coordinator, International Studies Program Director of Clarke Center for Global Engagement, State University of New York, SUNY Cortland. The speaker gave insights about international conflicts, their origins implications, and pathway to resolution. Major ongoing international conflicts such as Ukraine-Russia, Isreal-Palestine, Syria, and Sudan civil war were highlighted. Dr Shalip, Head, welcomed the gathering, Mr Nataraj H K introduced the guest and Ms Bhagyashri proposed vote of thanks. All the staff and students of the department, alumni and outsiders attended the webinar.



## Workshops

- The Department of Chemistry organised a workshop on the topic “Detection of Adulterants in Food and Soil Analysis” for the students of SDM PU Residential College, Ujire, on 3 December 2024. The objective was to educate and inspire the students by demonstrating practical applications of chemistry in everyday life. Both I and III BSc students actively participated in the workshop by showcasing simple yet effective methods to detect adulterants in common food items such as honey, milk, curd, ghee, and oil. Ms Harshitha, III BSc, delivered an informative talk highlighting the harmful effects of food adulteration on health. Mr Ranjith, Soil Laboratory Technician, conducted live experiments to demonstrate the analysis of soil quality. The real-world applications of Chemistry were further elaborated by Ms Nanda Kumari K P, Registrar Evaluation and Head, Department of Chemistry, in her keynote address. Mr Prashanth and other staff of SDM PU Residential College were also present.
- The Department of PG Studies and Research in Social Work organised a One-Day workshop on the topic “Research Realm” on 3 December 2024 for II MSW students. Dr Ravichandran Nair K and Alric D’Suza, Assistant Professors, MSW Department, MAHE, Manipal, were the resource persons. Resource persons explained how to select research topics and frame the objectives, research methodology and sampling techniques. A total of 54 students from II MSW actively participated in the workshop. Dr Ravishankar K R, Head, Dr Dhaneshwari and Mr Suveer Jain were the coordinators for the workshop.



## Guest Lectures

- The Department of PG Studies and Research in Commerce organised a guest lecture on the topic “The Future of Research: Leveraging AI for Breakthrough” on 7 December 2024. Dr Rajesh P, Associate Professor, REVA Business School, REVA University, Bangalore, served as the keynote speaker. The speaker provided a comprehensive overview of the dissertation process, covering essential components such as the introduction, literature review, and research methodology. He also highlighted various AI tools that facilitate the research process, including those for paraphrasing and plagiarism detection, and emphasized the significance of mastering Microsoft Excel and SPSS softwares.



- The Department of PG Studies and Research in Psychology organised a guest lecture on the topic “Emotional Fitness and Wellbeing”. Mr B K Girish Krishnappa, Chief Training Officer, HR Spectrum, Bengaluru, was the resource person. The programme was coordinated by Ms Ashwini H. A total of 72 students of I and II MSc attended the session.



- The Department of PG Studies and Research in English conducted an interactive session with Dr Shankarnarayana K, Former HoD of English Department, SDM PG Centre, Ujire. The interactive session was organised to foster a collaborative atmosphere between students and to provide guidance on how students can actively contribute and benefit from departmental activities which includes academic initiatives, research opportunities, and extracurricular activities. Dr Manjushree R, Head, introduced the guest. Mr Vignesh Aithal and Mr Manu A R were also present.

## Day Celebrations

- The NSS Unit, as a part of Children's Day Celebration, organised a Health Care Camp, in association with Baduku Kattona Banni team, on 17 November 2024 at SDM Multi-Speciality Hospital, Ujire. A total of 60 students of Government Higher Primary School, Muguli, were benefitted.



- The Department of Political Science organised “Human Rights Day” celebration on 10 December 2024. Dr Shalip A P, Head, presided over the programme. Ms Bhagyashri and Mr Shivakumar presented their views on Human Rights and their significance. Mr Ameer, Ms Achala, Mr Venu and Ms Thanu spoke about the origin, importance, and implications of human rights and the need for celebration. All the students of the department were present during the occasion.



## Alumni Interactions

The Department of PG Studies and Research in Commerce organised an alumni interaction by Mr Chetan G V, Relationship Manager, IIFL Securities, Bangalore, on 2 December 2024. The speaker elaborated on his job role and the workings of his company, providing a comprehensive overview of the stock market and the significance of DEMAT accounts in trading.



## Department Association Activities

- The Department of PG Studies and Research in Statistics organized the inaugural ceremony of its departmental association “StatXplore” and a guest talk on “Unveiling the Role of Statistics in Natural Language Processing (NLP)” on 28 September 2024.



The program was inaugurated by Prof S N Kakathkar, Vice Principal, with Prof Padma Prasada, Assistant Professor, Department of Artificial Intelligence & Data Science, SDM IT, Ujire, as the resource person, and Prof. Vishwanatha P, Dean of PG Studies, as the president. The event began with the ceremonial lighting of the lamp, followed by the unveiling of the departmental association name “StatXplore” and the departmental wall magazine “MuSigma”. The inaugurator, in his address, emphasized the growing significance of Statistics in various sectors, while the president, in his remarks, encouraged students to pursue higher education and research, fostering creativity and innovation. The session continued with a talk by Prof. Padma Prasada, who explained the vital role of Statistics in Natural Language Processing, detailing the application of probabilistic models, likelihood, and Bayes’ theorem in NLP. The programme was attended by around 50 students from I MSc, II MSc Statistics, and III BSc Statistics and Mathematics. Dr Savitha Kumari, Head, and all the department staff were also present. The event was coordinated by Ms Supriya S. P. and Ms Shwetha Kumari.

- The Department of PG Studies and Research in Social Work, in association with its Synergy Forum, organized a session titled “Wellness through Yoga” on 3 December 2024. The resource person for the programme was Dr Vaishnavi Mayya, a postgraduate



student in Clinical Yoga, SDM College of Naturopathy and Yogic Sciences, Ujire. The resource person led the participants through essential Yoga practices, including asanas, pranayama, and dhyana, while emphasizing their effectiveness in addressing stress, anxiety, and mental health challenges. She provided hands-on guidance on posture correction and breathing techniques for pranayamas.

## Field Visits

- The Department of PG Studies and Research in Commerce conducted a field visit to Sri Dharmasthala Siri Gramodyoga Samsthe (R.), Belthangady, on 6 December 2024 for II MCom and MCom IBM students. During this visit, the students observed the complete garment production process, which included cloth cutting, sewing, ironing, and the final packaging of finished products. Subsequently, the group attended a Sri Kshetra Dharmasthala Rural Development Project (SKDRDP) meeting in Koyyuru Village, Belthangady. SKDRDP seeks to empower rural communities by offering microcredit services. The meeting discussion centered on savings and loan-related topics. The students then visited a pickle and squash production unit near Guruvayanakere, created under the Swarna Jayanti Grama Swarozgar Yojana, in association with SKDRDP. This facility offered practical insights into the pickle preparation process, explained in detail by Ms Jayanti. Finally, the group visited the Adyashri Pushti Ghataka, Ujire, which specializes in producing



millet drink mix powder, cerelac, and other nutritional powders marketed under the brand name Siri.



- The Department of PG Studies and Research in Commerce conducted a field visit to Mysore on 9 December 2024 for II MCom and MCom IBM students. The first visit was to “Arya Vaidya Sala Kottakkal”, located near Nanjangudu. During this visit, Mr Arunraj, the Production Executive, provided an in-depth explanation of the manufacturing process of Ayurvedic medicines, covering everything from the procurement of raw materials to the marketing strategies employed. The second industry visited was United Breweries Ltd, situated in an industrial zone in Mysore. Mr Chetan, Security Officer, guided the students through the production area, detailing about the beer manufacturing process. The final visit was to the Karnataka Silk Industries Corporation Ltd, a silk weaving factory.



## Extension Activities/Community-oriented Activities

- The Department of PG Studies and Research in Chemistry conducted an extension activity at SDM High School, Belal, on 2 December 2024. The event aimed to foster interest in chemistry among high school students through interactive and engaging activities. Around 15 II MSc Organic Chemistry students actively participated in the programme by conducting demonstration experiments and interacting with a group of 120 high school students. The session featured a variety of activities, including a quiz, group discussions, and other fun-filled learning experiences. Dr Sujay M M coordinated the programme.
- The Department of PG Studies and Research in Chemistry conducted an extension activity at Government High School, Badanaje, on 2 December 2024. The event aimed to foster interest in chemistry among high school students through interactive and engaging activities. Around 14 II MSc Organic Chemistry students actively participated in the programme by conducting demonstration experiments and interacting with a group of 60 high school students. The session featured a variety of activities, including a quiz, group discussions, and other fun-filled learning experiences. Mr Ashoka coordinated the programme.
- The Department of BVoc in Retail and Supply Chain Management conducted an extended lecture on the topic “Practical Ways to Live a Happier and Stress-free Life” to commemorate the birth anniversary of Dr B Yashovarma, at SDM PU College, Ujire, on 5 December 2024. II PU Commerce students attended the session. Mr Ashwith H R and Mr Praveena D were one of the resource persons.



- The II PUC students of SDM Residential PU College, Ujire, visited Botany lab, Department of Botany, on 6 December 2024. The objective of the visit was to study about anatomy of dicot and monocot leaf, paper chromatography and witness the museum of the department. Around 40 PU students participated in the visit. Ms Vani, Head, Department of Biology, SDM Residential PU College, Ujire, accompanied the students. Dr B A Kumara Hegde, Principal, gave guidance regarding the programme. Ms Shakunthala B, Ms Manjushree K and Ms. Bhavya D Nayak, Department of Botany, coordinated the programme.
- The Department of BVoc in Retail and Supply Chain Management conducted a special lecture on the topic "Career Guidance", as a part of extension activities, at Vivevkanada PU College, Mundaje, on 7 December 2024. The PU students of the college attended the session. Mr Praveena D, Mr Ashwith H R and Mr Shashank B S were the resource speakers.



- The Department of Botany, under the banner of Eco Club, conducted an extension activity on 11 December 2024 at Dompadapalke. The programme primarily focused on hands-on learning about traditional paddy cultivation practices. The programme was conducted in the paddy field of Shri Deekayya Poojari, Farmer, Domapadapalke. Mr Parameshwara, Department of Chemistry, was also present for assistance. A total of 23 students of II and III BSc participated and experienced the hardship of paddy cultivation. Ms Shakunthala B, Ms Bhavya D Nayak and Mr Abhilash K S accompanied the students.



- The Department of PG Studies and Research in English conducted a visit to Chetana Child Development Centre, VT Road, Mangalore, as part of a community-oriented programme. The programme commenced with a vibrant cultural event to set a positive tone for the day. Following the cultural activities, a variety of games and interactive activities were organized for the people who are physically and mentally challenged. The students were accompanied by Dr Manjushree R, Head, and Mr Vighnesha Aithal.

## Student Lecture Series

- Ms Dhanyashree, II MSc Statistics, delivered a lecture on the topic “Statistical Methods for TV Serial Data”, under Student Lecture Series, on 27 November 2024. The speaker spoke about how statistical methods play a crucial role in analyzing TV serial data to enhance decision-making and optimize audience engagement. Ms Supriya S P and Ms Shwetha Kumari coordinated the programme. Dr Sujay M M, Co-curricular Committee, was also present. Around 40 students from different PG departments attended the session.





- Mr Shrivasa B K, II MCom (IBM), delivered a lecture on the topic “A New Frontier for Business, Redefining Immersive Experiences in the Metaverse”, under Student Lecture Series, on 4 December 2024. The session focused on exploring how businesses can use immersive experiences to enhance user interaction and engagement in the metaverse, benefits of the metaverse, metaverse marketing strategies, challenges and concerns, and real-world examples and case studies. Ms Masuda coordinated the session.

## Internship Programmes

The Department of BVoc in Retail and Supply Chain Management organised a Five-Day Internship at Agrileaf Stall, Lakshadeepostsava, Dharmasthala, for 5 students of II BVoc named Mr Nishanth, Ms Dhanyashree, Ms Dhanyatha, Ms Mahima, and Ms Samya. The students got an exposure to interact and convince more than 500 customers to buy Agrileaf products. They also received stipend for this work. Mr Ashwith H R coordinated the programme.



## Lab-in-Cab Programmes

The Department of Physics conducted Lab-in-Cab programme 'Jnana Vistara' in Government High School, Indabettu. Prof S N Kakathkar, Head, and Ms Apeksha were the resource persons. Physics experiments related to light such as reflection/refraction/lenses/multiple reflection/total internal reflection were conducted. Also experiments on wave propagation, electromagnetic induction, surface tension, and telescope were demonstrated. A total of 50 school students participated in the programme.

## Staff Publications

Dr Sanmathi Kumar, Head, Department of History, published a research paper entitled "A Journey of Universalizing the Indian Education System" in the International Research Journal of Cultural Studies and Social Sciences, Sl. No. 171 under UGC Social Sciences Approved Group I Journal, and UGC CARE Listed UGC approved Multi-disciplinary Peer-Reviewed Journal, Volume 21, No 24(II), Issue No 1, Pg No 80-89, ISSN 2347-4777 with Impact Factor 7.138, on 30 November 2024, published by Tagore-Gandhi Institute, Shakespeare Society of Eastern India, Kolkata.

Dr Vasanth Kumar, Department of PG Studies and Research in Chemistry, published a research paper entitled "Novel Benzimidazole-Endowed Chalcones as  $\alpha$ -Glucosidase and  $\alpha$ -Amylase Inhibitors: An Insight into Structural and Computational Studies" in the journal Molecules, 2024, Volume 29, Issue 23.

## Staff Achievements

- Ms Masuda, Department of PG Studies and Research in Commerce, delivered a guest talk on “Succession for Success-Strategic Succession and Executive Planning” organised by the Department of PG Studies and Research in Psychology on 13 November 2024.
- Dr Lakshminarayana K S, Department of Commerce, delivered a resource talk on “Review of the Project Proposal and Feedback Session” in the Two-Day Workshop on ‘Navigating the Research Journey from Methodology to Publication for PG Students’, organised by the Research and Development Cell, SDM College (Autonomous), Ujire, on 22 and 23 November 2024.
- Ms Apoorva Hegde, Department of English, delivered a lecture on “Prepositions”, under Expand Lecture Series, at Government High School, Savanal, on 23 November 2024. She interacted with the 9<sup>th</sup> standard students.
- Mr Praveena D, Department of BVoc in Retail and Supply Chain Management, delivered a special talk on “Effective Sales and Marketing Strategies for Entrepreneurs/Startups” in a workshop organised by the Department of Computer Science and Business System, Canara Engineering College, Benjanapadavu, in association with IIC and EDC, on 27 November 2024.



- Mr Vighnesha Aithal and Mr Manu A R, Department of PG Studies and Research in English, delivered a guest talk on “Travel Writings” on 4 December 2024 organised by the Department of English at SDM PU College, Ujire.
- Dr Dhaneshwari, Department of PG Studies and Research in Social Work, attended as a resource person and delivered a talk on “Village Social Mapping Methods and Etiquette” on 5 December 2024 during NSS camp held at Government Higher Primary School, Indabettu, organised by NSS Unit, SDM College (Autonomous), Ujire.



- Mr Praveena D, Department of BVoc in Retail and Supply Chain Management, delivered a special talk on “Entrepreneurship & Innovation as Career Opportunity” in the Orientation programme for MBA students organised by the Department of MBA, Srinivas Institute of Technology, Mangalore, in association with IIC and EDC, on 6 December 2024. A total of 80 first year MBA students attended the session.





- Mr Nataraj H K, Department of Political Science, delivered a resource talk on “History of Human Rights and Indian Constitution”, on account of ‘International Human Rights Day’ organised by Rotary Club, Belthangady, on 12 December 2024.



- Mr Shreyas J Palande, Department of Sanskrit, presented a paper titled “A Study on Gayatri Mantra and Tatva” in the Three-Day All India Oriental Conference held at Paryaya Sri Puthige Matha, Udupi, from 24 October to 26 October 2024.
- Ms Apoorva Hegde and Ms Rakshitha, Department of English, presented a paper titled “Impact of Translation on Indian Knowledge System” in the One Day National Seminar on ‘Present Status of Language Education and Future Possibilities’ organised by Vivekananda College of Arts, Sciences and Commerce, Puttur, on 14 November 2024.
- Ms Arpitha K and Mr Deepak Sharma U, Department of English, presented a paper titled “Beyond Language: How Translation Influences Cultural Identity and Intercultural Understanding” in the One Day National Seminar on ‘Present Status of Language Education and Future Possibilities’ organised by Vivekananda College of Arts, Sciences and Commerce, Puttur, on 14 November 2024.
- Ms Sangeetha B, Department of Chemistry, participated and presented a poster titled “Synthesis and Corrosion Inhibition Behavior of Hydrazide Derivative of Quinolin-2-One for Mild Steel in Acidic Media” in the Two-Day International Conference on ‘New Materials in Carbon Capture and Environmental Remediation - 2024 (NMCCER-2024)’ organised by the

Department of Chemistry, NMAM Institute of Technology, Nitte, Karkala, on 5 and 6 December 2024.

- Ms Divya, Department of Chemistry, participated and presented a poster titled “Synthesis and Characterization of 2-isobutoxy-5-(thiazol-2-yl) Benzonitrile and 2-isobutoxy-5-(thiazol-2-yl) Benzoic Acid Derivatives as Anti-TB Agents” in the Two-Day International Conference on ‘New Materials in Carbon Capture and Environmental Remediation - 2024 (NMCCER-2024)’ organised by the Department of Chemistry, NMAM Institute of Technology, Nitte, Karkala, on 5 and 6 December 2024.
- Ms Ashwini Jain, Department of BVoc in Digital Media and Film Making, judged an event named ‘Best Manager’ in the State Level Intercollegiate PUC/UG Fest “Abhigyan 2024” organised by the Department of Commerce, at Government First Grade College, Vamadapadavu, on 3 December 2024.
- Mr Ashwith H R, Department of BVoc in Retail and Supply Chain Management, judged an event named ‘Best Manager’ in the State Level Intercollegiate PUC/UG Fest “Abhigyan 2024” organised by the Department of Commerce, at Government First Grade College, Vamadapadavu, on 3 December 2024.



- Ms Sangeetha B, Department of Chemistry, attended as a resource person in the Jnana Vistara programme in NSS Annual Special Camp held at Government Primary School, Indabettu, on 7 December 2024.

## Staff Participation

- Mr Shreyas J Palande, Department of Sanskrit, attended Eight-Day “NEP 2020 Orientation and Sensitization Programme”, under Malaviya Mission Teacher Training Programme of UGC, organised by Rastriya Sanskrit University Tirupati, Andhra Pradesh, from 20 November to 29 November 2024.
- Dr Manjushree R, Head, Department of PG Studies and Research in English, attended an online FDP on “Tribal Literature: Establishing Identity and Cultural Preservation”, conducted by BRB College of Commerce, Raichur, Karnataka, from 25 November to 30 November 2024.
- Prof Nanda Kumari K P, Registrar Evaluation, Dr Lakshminarayana K S, Department of Commerce, and Mr Rajesh Nayak, Exam Section, attended an online Meeting via Google Meet on “NAD Data Uploading and Bulk ABC ID Creation” on 3 December 2024 organised by NAD Office, Bangalore.

## Student Achievements

- Ms Many won the silver medal, Ms Manisha, Ms Pooja, Ms Ranjini, Ms Bhoomika, Ms Chinthana and Ms Ruthika won the bronze medal and the team won the runner up in the Mangalore University Inter Collegiate Women Wrestling Championship held at Dr B B Hegde Government First Grade College, Kundapura, on 15 November 2024.



- Ms Sangeetha and Harinakshi, I MSW, and Ms Tanu K C, I BCom won the bronze medal in the 26<sup>th</sup> Senior National Tennis Volleyball Tournament held at Sri Kanteerava Stadium, Bangalore from 22 to 24 November 2024.



- Men's Volleyball team won the title in the Mangalore University Inter collegiate (Mangalore Zone) Men Volleyball Championship held at Government First Grade College, Mudipu, on 25 and 26 November 2024.





- Men Volleyball team won the championship with Patil Anthayya Shetty memorial rolling Trophy in the Mangalore University Intercollegiate (Inter Zone) Men Volleyball Championship held at Trisha College Katapadi, Udupi, on 27 November 2024.



- The athletes won 4 silver medals and 11 bronze medals and men section won the runner up and women section won the third place in the Mangalore University Intercollegiate Men and Women Athletic Championship held at GFGC Thenkanidiyoor, Udupi, from 28 to 30 November 2024.



- Mr Rajath Rai won the gold medal in 81kg category, and Mr Subramanya won the bronze medal in 61 kg category in the South Zone Weight Lifting Championship for Men held at Acharya Nagarjuna University, Guntur, from 30 November to 3 December 2024.



- Ms Swapna Y J participated in the South Zone Weight Lifting Championship for Women held at Acharya Nagarjuna University, Guntur, from 26 to 28 November 2024.
- Ms Navinya N P participated in the South Zone Shuttle Badminton Championship for Women held at SDM College of Engineering and Technology, Dharwad, from 26 to 28 November 2024.
- Ms Sumayya Anjum, Ms Ranjini, Ms Pooja, Ms Manisha and Ms Manya participated in the South Zone Women Kabaddi Championship held at Alagappa University, Karaikudi, from 29 November to 1 December 2024.
- Mr Thippanna and Mr Harshith participated in the South Zone Weight Lifting Championship for Men held at Acharya Nagarjuna University, Guntur, from 30 November to 3 December 2024.
- A total of 30 students from the Department of PG Studies and Research in Journalism and Mass Communication participated in 5th Dakshina Kannada District Working Journalists Association meet at Kudmul Ranga Rao Town Hall, Mangalore, on 5 December 2024.
- Ms Spoorthi H V participated in the South Zone Inter University Women Tennis Tournament held at Manipal from 7 to 12 December 2024.

