



Principal's Desk

Be disciplined and get auto motivated....

Self-motivation and self-discipline are critical traits for personal and professional success. Self-motivation pushes individuals to pursue their goals, even in the face of obstacles. It helps maintain focus on long-term objectives without constant external encouragement. A self-motivated person seeks new opportunities for learning and improvement. It fosters a growth mindset, making people more adaptable and open to change. In challenging situations, self-motivation keeps individuals going. It encourages persistence when things get tough, making it easier to overcome setbacks. Self-discipline ensures that individuals follow through on their commitments, creating a habit of consistency. This reliability is key to achieving sustained progress in any area of life. Discipline encourages focus and dedication, leading to higher productivity and efficiency. It helps prioritize tasks and manage time wisely. With self-discipline, individuals can resist impulsive decisions and focus on long-term benefits. It helps in delaying gratification, ensuring that actions are aligned with long-term goals. In combination, self-motivation fuels the desire to act, and self-discipline ensures follow-through, creating a powerful foundation for success in all areas of life. Hence get auto motivated, give auto suggestions and positive strokes and be disciplined to reach greater heights in your personal and professional career.

With best wishes

Dr B A Kumara Hegde,
Principal

Programmes Organised

National Seminar on Multidisciplinary Conference on Millets & Mental Health



- The UG and PG Departments of Psychology of the College organised a National Seminar on Multidisciplinary Conference on Millets & Mental Health on 9 September 2024. Sri Khadarvalli, A Padma Shree Awardee and renowned as the "Millet Man of India," and Dr Preethi Shanbagh, a respected Psychiatrist, were the chief guests. Dr B A Kumara Hegde, Principal of the College, highlighted the importance of millets and their impact on mental health in his presidential remarks. The seminar saw a commendable turnout, with 300 participants registering from diverse locations, including Rajasthan, Tamil Nadu, Mumbai, Bengaluru, Shivamogga, and Puttur. Dr Vandana Jain, the conference convenor, welcomed the attendees. The Chief Guests enlightened the audience with their scholarly plenary speeches. Ms Sindhu V, the organising secretary, proposed the vote of thanks. The technical sessions and parallel sessions were conducted to discuss various themes of the seminar and paper presentations by the researchers and students. Dr Vishwanath, Dean of PG Studies, Dr Savitha Kumari, Dean of Science, Dr Shreedhara N Bhat, Dean of Arts, Heads of various departments, staff and students of the college were also present. Ms Seema and Ms Jahnvi mastered the ceremony.

Orientation Programme 2024-25



- The SDM Postgraduate Centre hosted its Orientation Programme 2024-25 for first-year postgraduate students on 12 September 2024. Dr Ravindra Vikram Singh, Director and Head – India R&D Technology & Innovation, Sigma Aldrich, Bangalore, was the inaugurator of the programme. In his inaugural address, he remarked on the golden rule of HIRA, where H- stands for Honesty, I- Innovation, R- Resilience, and A- Aim. He motivated the students to achieve academic and overall excellence. Dr Satheeshchandra S, Secretary of SDM Educational Society, Ujire, was the guest of honour. Dr B A Kumara Hegde, Principal of the College, presided over the programme. Sri S N Kakathkar, Vice Principal of the College, welcomed the gathering. Dr Vishwanath P, Dean of PG Studies at SDM College PG Centre Ujire, proposed the vote of thanks. The orientation programme successfully laid the foundation for the upcoming academic year, providing new students with the information and motivation to excel in their postgraduate studies.

- The NCC Army Wing of the College organised an orientation programme for the first-year cadets (to be enrolled for the training year 2024-25), on 31 August 2024, Prof. G R Bhat, the Head of Department of English as well as the Ex-Associate NCC Officer was the chief guest. Dr B A Kumara Hegde, Principal of the College presided over the programme. Ms Shubharani P S, Ex-ANO, Army Senior Wing was felicitated on the occasion. The cadets were briefed about the basics of NCC through an ice breaking session. Lt. Bhanuprakash and Officer In-charge, Shobha S. directed the programme.



Samarpana – 2024



- The Student Association of the college organised the Teachers Day Celebrations - *Samarpana* 2024 on 5 September 2024. Dr B A Kumara Hegde, Principal of the College, launched the programme by offering floral salutations to a photograph of Dr S Radhakrishna. In his speech, Dr Hegde emphasised that the staff and students have to develop their personalities with positive attitudes and creative growth, and constant introspection. Mr S N Kakathkar, Vice Principal of the College, talked to the gathering about the day's importance. Students honoured Dr B A Kumara Hegde, Principal of the College on account of he being awarded the Adhyapaka Bhushan Award by the Karnataka State College Teachers Association for the year 2024. Dr Shalip A P and Mrs Nanda Kumari, Registrars of the College, Dr Shreedhara N Bhat, Dean of Arts, staff and students were present. Students organised entertainment programmes on the occasion.

Samskruthotsavam



- Department of Sanskrit of the College organised *Samskruthotsava*, a programme to learn the culture, language and literature of Sanskrit on Friday, 30 August 2024. Sri Ramakrishna Bhat, the retired HM of SDM School Belal, inaugurated the programme. Prof Ganesh Nayak, HoD of Mathematics, presided over the programme. *Subhodhini*, a department wall magazine, was released. Students who scored the highest marks in the last semester's end exams were felicitated. Samskritha Prathibha, a programme showcasing the talents of the students, was organised. Staff members of the department guided the students in organising the event. Dr Shreedhara N Bhat, HoD of Sanskrit, welcomed the gathering and Sri Shreyas Palinde, Assistant Professor of Sanskrit, proposed the vote of thanks.

Nenapinangala - Scholarship Distribution Programme

- Proud alumni of the college, Dr B P Sampath Kumar, former Registrar of the College, Sri U H Khalid, Ujire, Principal, National Tutorial College Mangalore, Sri Ji Thukaram Nidle, Field Publicity Officer in the Central Bureau of Communication, Mangalore, Govt of India, attended the 15th episode of the Nenapinangala Programme on 31 August 2024. They distributed scholarships to 15 deserving students on the occasion. Sri Pithambara Heraje, President, and Sri Gurunath Prabhu, Vice President of the SDM Alumni Association, were present. Dr B A Kumara Hegde, Principal of the College, felicitated Dr Sampath Kumar, Sri U H Khalid and Sri Ji Tu Nidle. Dr M P Shreenath, Coordinator of the Alumni Association, welcomed the gathering and Mr Abhilash, Assistant Professor of Botany, proposed the Vote of Thanks. Dr Diva Kokkada, Assistant Professor of Kannada, mastered the Ceremony.

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Inauguration of Renovated Laboratories



- The Department of Psychology organised the “Renovated Departmental Laboratory” inaugural ceremony on 13 September 2024. Prof Gopal Patwardhan, Former Head of the Department of Psychology, was the chief guest who inaugurated the laboratory, accompanied by the Principal Dr B A Kumara Hegde. The Registrar (Evaluation) Dr Shalip Kumari, IQAC Coordinator Sri G R Bhat, Science Dean Dr Savitha Kumari, Commerce Dean Ms Shakunthala, Chief Superintendent Sri Divakara Patwardhan, HOD of Psychology Dr Vandana Jain, staff members from PG and UG Department of Psychology, non-teaching faculty members and students attended the event. Dr Sudheer K V, Assistant Professor, coordinated the programme.

- The recently renovated Nutrition Lab of the Department of Home Science was inaugurated on 2 September 2024. Dr B A Kumara Hedge, Principal of the College, inaugurated the lab and delivered the inaugural address. Prof. S.N. Kakathkar, Vice Principal. Prof. Shridhara Bhat, Dean of Humanities, Mr Divakara Patwardhan, Senior Account Assistant, and Mr Ganeshprasad Rai, Maintenance Supervisor staff and students were present. The event was conducted by third-year B.A. students, showcasing their involvement in the department's activities. Ms. Shobha S., Head of the Home Science Department, and Ms. Aishwarya B. Kumbar, Staff Coordinator, oversaw the programme's organisation. Ms. Manaswini welcomed the guests while Ms. Riya proposed the vote of thanks. Refreshments were provided for the guests, faculty, and students, making the event engaging and enjoyable.



Workshops

- The Department of BVoc in Digital Media & Film Making organised a One-day Workshop on “Advanced Website Designing” on 3 September 2024. Mr Shashikanth Shetty, Founder, Sabweb Creation, Udupi, was the resource person. The resource person shared his expertise in web designing, specifically Figma tool. Six students from III BVoc in Digital Media & Film Making participated in the workshop.



- The NSS Units organised a Workshop on “Poster Making and Creation of Greeting Cards Guidance” for PU students of SDM PU College, Ujire, on 31 August 2024. The resource person was Mr Trishul, Senior NSS Volunteer. Around 30 PU students and 12 NSS volunteers participated in the workshop.

- The Department of Kannada organised a Workshop on “Kavya Kattuva Bagge”. Dr B A Kumara Hegde, Principal of the College presided over and inaugurated the programme. The resource person was Dr Madhu Biradara, Kannada Professor at University College, Hampanakatte. Dr Bojamma K N, Head, welcomed the gathering. The resource person spoke about “Kannada Literature”. Dr Naganna D A, Assistant Professor, coordinated the programme and proposed the vote of thanks. All staff and students of the department were present during the session.



Industry-Student Interaction Programme

- The Department of PG Studies and Research in Chemistry, under CONCHEM, organised an Industry-Student Interaction programme on “Next Generation Therapeutic Modalities and the Future of Global Health Care” on 12 September 2024. The resource person was Dr Ravindra Vikram Singh, Director, Merck-Sigma Aldrich, Bangalore. The resource person delivered an insightful keynote on cutting-edge therapeutic technologies and their impact on global health care. The event aimed to bridge the gap between academic learning and industry insights, providing valuable perspectives on emerging trends and technologies in therapeutic modalities. All the MSc Chemistry and Organic Chemistry students attended the programme.



Alumni Interactions

- The Department of Journalism and Mass Communication organised an alumni interaction by Mr Arpith, Dialogue Writer, Colors Kannada, on 10 September 2024. The speaker said that reading and literature play a significant role in enhancing writing skills. He highlighted the numerous opportunities available in writing and encouraged students to make the most of them. All department staff and students attended the session.
- The NSS Units organised an alumni interaction by Sri Ratnakara Gowda Kandiga on 24 August 2024. The speaker interacted with and guided the NSS volunteers.



- The Department of PG Studies and Research in Commerce organised an Alumni Interaction for the M Com and M Com (IBM) students on 14 September 2024. Ms. Chaithra, Finance Associate at Flyingwedge Defence and Aerospace Technologies Pvt, Ltd, Bangalore, shared her personal experience and provided valuable guidance on navigating the placement process, and also, she stressed on the need for continuous learning and skill development to stay relevant in the rapidly changing job market.



Day Celebrations

- The Department of Botany, under the banner of Sasyasourabha and Eco Club, celebrated “National Wildlife Day” on 4 September 2024, to create awareness about wildlife conservation and biodiversity’s importance. The programme commenced with an insightful address by Dr B A Kumara Hegde, Principal of the College. He discussed the various environmental challenges and the impact of urbanisation on wildlife and inspired students to take responsibility in preserving nature for future generations. Ms Nayana and Mr Shreyas, III BSc presented the event’s highlights. All staff of the department were also present. Around 30 students attended the programme.

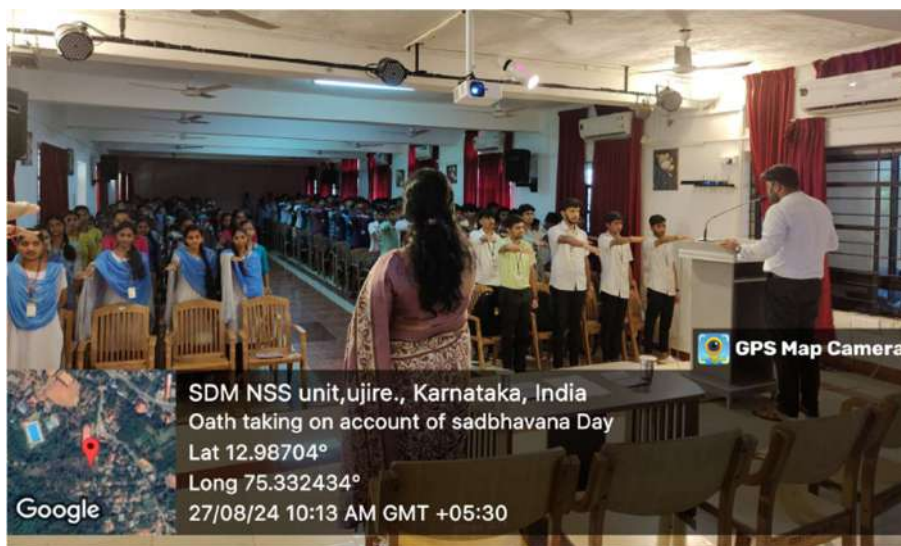


- The Department of Physics, on account of 'National Space Day', conducted a special talk on the topic "ISRO and Chandrayan-3 Mission" on 28 August 2024. Dr Raghavendra S, Head, Department of PG Studies and Research in Physics, SDM PG Centre, Ujire, was the resource person. The resource person spoke about the famous Lunar Mission Chandrayan-3. He explained the components and the instruments used in the mission. He talked about how the orbiter from Chandrayan-2 played a huge role in determining the landing position for the lander in Chandrayan-3.



- The Department of PG Studies and Research in Psychology, in association with SDM Counselling Cell, organised an awareness campaign called "Path Finder" on account of World Suicide Prevention Day on 10 September 2024. The campaign mainly focused on making teenagers cope with the situations they face in their day-to-day lives. It mainly covered the SDM College (Autonomous) campus and SDM PG Centre, Ujire. II MSc Psychology students conducted the programme by orienting on topics such as Stress, Values and Respect, Emotion, and Academic Management, under the guidance of Ms Ashwini Shetty, Assistant Professor, and other faculties of the department.

- The NSS Units organised an “Oath-taking” event for the volunteers on account of “Sadbhavana Day” on 27 August 2024. Dr Mahesh Kumar Shetty H, NSS programme officer, administered the oath. A total of 154 volunteers participated in the programme.



- In connection with the International Day of Democracy, SDM NCC Army Wing took part in the ‘Human Chain’ near Kodaje, Mani DK on 15 September 2024. Lt. Bhanuprakash B E and CTO Shoba S. led the cadets with the moto of spreading the awareness of constitutional values. The cadets took oath on ‘Indian Constitution’ followed by state anthem and slogans were used during the rally.



- The NSS Units conducted Poster Making and Reels Making competitions on account of “World Suicide Prevention Day”, on 12 September 2024. A total of 70 NSS volunteers participated in the events.

Guest Lectures

International Webinar on ‘Mindful Eating: Cultivating a Healthy Relationship with Food’



- Department of BVoc in Retail and Supply Chain Management organised an international webinar on ‘Mindful Eating: Cultivating a Healthy Relationship with Food’ on 12 September 2024. Ms Shruthi Medappa, Senior Clinical Dietician and HOD, New Medical Centre Hospital, Abu Dhabi was the resource person. Mr Ashwith H R, Assistant Professor and Head of the Department organised the event.

- The Department of English organised a guest lecture on Subaltern Studies by Dr Manjushree R, Head, Department of PG Studies and Research in English, on 13 September 2024. She spoke about the significance of subaltern studies like Dalit Literature and feminist writings- exploring the literary perspectives on marginalised voices. The session was followed by interaction with the students. The event provided a valuable platform for students to engage with critical theoretical frameworks and their applications in literature. Sanusha Pinto welcomed the gathering, while Raksha Shenoy expressed gratitude on behalf of the department. The lecture was attended by students from all three years, including Niharika, the President of the literary association, and the faculty members of the Department of English. A total of 50 students took part in the event.



- The Department of English organised a Guest Lecturer on the poem 'Water' by Challapalli Swaroopa Rani on 17 September 2024. Mrs. Seema P, Head, Department of English, SDM PU College, Ujire, was the guest speaker. All the students of the Optional English Classes benefitted from the programme. The lecture provided a valuable platform for students to engage with literary critiques and appreciate the nuances of poetry. Mr. Sooryanarayana Bhat P coordinated the programme. The program commenced with a warm welcome by Shreya. Ms Thanushree was the Master of Ceremony. Ms Vijayalakshmi proposed a vote of thanks A total of 40 students took part in the event.



Field Visit

- The Department of Psychology conducted a field visit to “Shanthivana – Naturopathy Hospital” on 4 September 2024, for the II BA & BSc Psychology students. The students learnt about the hospital, the facilities and the services available to the patients. Dr Sudheer K V, Assistant Professor, coordinated the visit.



Departmental Association Inauguration

- The Department of BVoc in Digital Media & Film Making inaugurated its Student Association “Lumos” for the academic year 2024-25 on 30 July 2024. Mr Nithin Poojary, a famed YouTuber, was the inaugurator. Dr B A Kumara Hegde, Principal of the College presided over the programme. Mr Suveer Jain, Course Coordinator, and Mr Madhava Holla, HOD, were present. Ms Ashwini Jain, Assistant Professor and Lumos Association in charge, coordinated the event and administered the oath for new office bearers of the association. After the inauguration ceremony, an interactive guest lecture by Mr Nithin Poojary was held.

Extension Activities

- The Department of English organised a School Adoption Programme at Government High School, Kalmanja, on 3 September 2024. Durga Prasanna III BA, Dhanush III BA, Gowravi II BA and Poornachandra I BA organised activities related to parts of speech and question tags.
- The Department of Economics and Rural Development organised an extension activity for Government PU College, Belthangady, students on 9 September 2024. The students of III BA engaged in the session on the topic “Climate Change & Sustainable Development Challenges”.



- The Department of English organised a programme at Government Primary School, Neerachilume, on 31 August 2024, as a part of the School Adoption programme. Ms Amitha Prajna, Ms Sinchana, Mr Manvith and Mr Deviprasad, students of the department, engaged in the session through activities related to “Self-Introduction and Figures of Speech”.

- The Department of PG Studies and Research in Commerce to the newly joined first year M. Com and M. Com (IBM) students at RUDSETI, Ujire organised a Micro Lab activity on 13 September 2024. Mr Abraham James P V, Senior Faculty of RUDSETI welcomed the gathering. Mr Lohith, Faculty of RUDSETI explained about the history of RUDSETI and its contribution towards the rural development. He emphasised the importance of entrepreneurship and motivated students for the same. He conducted an ice-breaking session for the freshers and Ms. Mamatha K, Assistant Professor proposed the vote of thanks.



- The Department of PG Studies and Research in Commerce organised an extension activity at Sri Dharmasthala Manjunatheswara High School, Dharmasthala, focusing on Anti-Ragging and Anti-Drug awareness on 13 September 2024. This initiative aimed to educate students on the detrimental effects of substance abuse and ragging. II M Com and M Com (IBM) students delivered a compelling skit highlighting the dangers of drug addiction and its consequences. Additionally, a thought-provoking play was performed to raise awareness about the negative impacts of ragging, emphasising its harmful repercussions.



Community Oriented Activities

- The NSS Units organised “Blood Donation Camp” in association with Badhuku Kattona Banni Trust (R), Ujire, as a part of the NSS Units Golden Jubilee Celebration, on 18 August 2024, at Krishnanugraha Sabha Bhavana, Ujire. NSS Units programme officers Ms Deepa R P and Dr Mahesh Kumar Shetty H assisted in the process.




A total of 216 units of blood were collected. Around 58 NSS volunteers extended their service in the conduct.


- The NSS Units, in association with the Social Responsibility Initiatives Committee, SDM College (Autonomous), Ujire, and DKMS-BMST Foundation India, Bangalore, organised an Awareness Talk on “Blood Cancer and Blood Stem Cell Donation” on 27 August 2024. The resource speaker was Sri Rohith Rajiv,



Associate, DKMS-BMST Foundation India, Bangalore. Dr B A Kumara Hegde, Principal of the College presided over the programme. NSS Units programme officers Ms Deepa R P and Dr Mahesh Kumar Shetty H coordinated the programme. A total of 154 volunteers attended the programme.

- The Social Responsibility Initiatives Committee, in association with the Student Welfare Committee and the Women Development Cell of the College organised an Awareness programme on “Anemia” on 8 August 2024. The resource person was Dr Geetha B Shetty. The event aimed at raising awareness about anaemia among female students. The speaker delivered a highly informative talk, shedding light on the causes, symptoms, and preventive measures related to anaemia. Ms Deepa R P, Social Responsibility Initiatives Committee Coordinator, and Ms Akshatha Jain, Women Development Cell Coordinator, were also present.


- The Youth Red Cross Unit organised a “Fire and Safety Management programme” for the students of the Youth Red Cross Unit on 4 September 2024. Mr Ashwith, Head, Department of BVoc in Retail & Supply Chain Management, SDM College (Autonomous), Ujire, was the resource person. Around 100 students participated in the programme. The students gained valuable insights and knowledge on fire and safety management techniques.



NSS Activities

- NSS Units Conducted campus on 31 August 2024. Total 124 volunteers participated.
- NSS Units Conducted a workshop on 'Poster making and creation of greeting cards guidance' by senior Volunteer Mr Trishul for PU students at SDM PU College Ujire on 31 August 2024. There was a total of 30 students and 12 volunteers participated.
- NSS Units conducted a Poster Making and Reels Making Competition on account of 'World Suicide Prevention Day' at the old canteen of the College on 12 September 2024. Total 70 volunteers participated.
- NSS Units organised An awareness programme called "SAY NO TO SUICIDE " on account of 'World Suicide Prevention Day' at the College on 14 September 2024. Dr Vandana Jain- Head, Department of Psychology of the College, was the resource person. Ms Sindhu - Department of Psychology, PG Psychology students, and NSS Units Programme officers were present. There was a total of 96 volunteers.
- NSS Units organised the Grantha Mithra Programme at Govt Secondary School, Ujire, on 14 September 2024. There was a total of 30 students, and four volunteers participated.

NCC Navy

- Four cadets of the NCC Navy Wing participated in All India Nau Sainik Camp at INS Shivaji, Lonavala, from 23 September to 5 October 2024. Cdt. Capt. Abhishek Nayak of II B Voc (S&AD) and PO Cadet Sumanth Gowda U of III BCom participated in the event Semaphore and Drill and Secured second place for the team. PO cadet Vidyashri B Madiwalar of III BA and Leading Cadet Y S Preetham of II B Com participated in the event Ship modeling and secured a Bronze medal for the Model INS Imphal.



Staff Publication

- Dr Rajesh N Hegde, Assistant Professor, and Prof Vishwanatha P, Professor, Department of PG Studies and Research in Chemistry, jointly published a research paper titled “Voltammetric Assessment of Acetaminophenin Infants Oral Suspension at a CuONPs-MWCNTs Tailored Platinum Disk Electrode”, in the journal Russian Journal of Physical Chemistry A, 2024, Vol. 98, No. 6, pp. 249–255., Impact Factor: 0.7, with DOI: 10.1134/S0036024424700298 (Indexed in Scopus).
- Dr Hampesh K S, Associate Professor, Department of PG Studies and Research in Journalism & Mass Communication, published a research paper titled “Covid – 19a Sandarbadalli Mudrana Madyamagala Stitigati: OnduVishleshane” in Aruhu Kuruahu, a Peer-Reviewed and Bi-Lingual Journal, July-August 2024, Volume 15, Issue 70-71, ISSN: 2347– 5048.
- Dr Hampesh K S, Associate Professor, Department of PG Studies and Research in Journalism & Mass Communication, published an article titled “Smartphone as a Medium of Information: A Study on Fishermen Community of Mangalore” in the book ‘Media Literacy in the Digital Era’, 2024, pp: 158 – 170, ISBN: 9788195805983.

Staff Paper Presentations

- Mr Deepak Sharma, Assistant Professor of English, participated at the International Conference on 'Literature, Society and Global Media', and presented a paper titled "The Evolution and Impact of Digital Literary Criticism from Page to Screen" held at Jain College on 13 and 14 September 2024.
- Ms Manjula, Assistant Professor, Department of Statistics, and Ms Brijinya, III BSc, jointly presented a research paper titled "Nutritional Properties of Millets and their Impact on Mental Wellbeing" in the One Day National Level Multidisciplinary Conference on 'Millets and Mental Health' organised by the Department of Psychology, in association with the Department of PG Studies and Research in Psychology, SDM College (Autonomous), Ujire, on 9 September 2024.
- Ms Manjula, Assistant Professor, Department of Statistics, and Ms Ganashree, III BSc, jointly presented a research paper titled "Statistical Analysis of Relationship between Millet Consumption and Mental Health Outcomes: A Cross-Sectional Study" in the One Day National Level Multidisciplinary Conference on 'Millets and Mental Health' organised by the Department of Psychology, in association with the Department of PG Studies and Research in Psychology, SDM College (Autonomous), Ujire, on 9 September 2024.
- Dr Hampesh K S, Associate Professor, Department of PG Studies and Research in Journalism & Mass Communication, presented a research paper titled "Smartphone Usage and its Potential Impacts on Interpersonal Relationships: A Study of the Fishermen Community of Mangalore" at an International Conference on 'Media & Society: Exploring Contemporary Transitions in Society by Re-Viewing Mediascapes' held at School of Media Studies, Garden City College, in association with St Francis De Sales College, Bengaluru, on 8 August 2024.

Staff Achievements

- Dr B A Kumara Hegde, Principal of the College, was awarded the Adhyapaka Bhushan Award by the Karnataka State College Teachers Association for the year 2024. Prof. Anil Sahasrabudde, Chairman of NAAC, at the Prerana Divas Celebration held at Sri Bhuvanendra College Karkala, bestowed the award on 15 September 2024. Dr Hegde was identified under the category of 'Best Academic Administrator'.



- Mr Madhava Holla, Head, Mr K Indudhar Kini and Ms Thejaswini R S, Assistant Professors, Department of BVoc in Digital Media & Film Making, attended as resource persons for a 3-day Boot Camp on "Mastering Digital Tools for Retail Success" on 12 August 2024 organised by the Department of BVoc in Retail and Supply Chain Management, SDM College (Autonomous), Ujire.

Staff Participation

- Mr Praveena D, Assistant Professor in the Department of BVoc in Retail & Supply Chain Management, Mr Deepak Sharma, Assistant Professor, Department of English, Ms Bhagyashri, Assistant Professor, Department of Political Science, Ms Mamatha K and Mr Harshith Kumar Shetty N, Assistant Professors, Department of PG Studies and Research in Commerce, Dr Hampesh K S, Associate Professor, Department of PG Studies and Research in Journalism & Mass Communication, Dr Dhaneshwari, Associate Professor, Department of PG Studies and Research in Social Work, Ms Supriya S P, Mr Pradeep K and Ms Shwetha Kumari, Assistant Professors, Department of PG Studies in Statistics, attended a Five-Day

Faculty Development Programme on “Research Methodology” organised by the Research and Development Cell in association with the Department of PG Studies and Research in Psychology and Chemistry, SDM College (Autonomous), Ujire, from 20 to 24 August 2024.

- Dr Priya Kumari S V, Head, and Ms Masuda, Assistant Professor, Department of PG Studies and Research in Commerce, attended an online Faculty Development Programme on “Recent Trends in Financial and Securities Market – A 360° Approach” provided by NSE facilitated by Brighture Edutech Solutions, and organised by School of Management, CMR University, Bangalore, on 2 September 2024.
- Dr Priya Kumari S V, Head, Department of PG Studies and Research in Commerce, attended a National Webinar on “Entrepreneurship Development in Food Processing and Value Addition” organised by Smt Bangaramma Sajjan Arts, Commerce and Science College for Women, Vijayapura, on 10 August 2024.
- Ms Masuda, Assistant Professor, Department of PG Studies and Research in Commerce, attended an “Intellectual Property Awareness/Training programme”, under the National Intellectual Property Awareness Mission, organised by the Intellectual Property Office, India, on 6 August 2024.
- Mr B Ganesh Nayak, Professor, Department of Mathematics, attended a programme, “Sanskrit Utsav” organised by the Department of Sanskrit on 30 August 2024.
- The 3rd-year Home Science students, along with Ms Shobha S, Head of the Home Science Department, and Ms Aishwarya B. Kumbar, Assistant Professor of Home Science, participated in an online international webinar titled “Mindful Eating: Cultivating a Healthy Relationship with Food” on 12 September 2024. The webinar, conducted via Microsoft Teams, was organised by the Department of B Voc in Retail and Supply Chain Management. The session featured Ms. Shruthi Medappa, Senior Clinical Dietitian and Head of the Department at New Medical Centre Hospital, Abu Dhabi, as the keynote speaker. The webinar offered valuable insights into mindful eating practices and their role in fostering a healthier relationship with food.

- Ms Shobha S HOD of Home Science, and Ms Aishwarya B Kumbar, Assistant Professor of Home Science, participated in the “ONE-DAY National Level Multidisciplinary Conference on MILLETS AND MENTAL HEALTH” conducted by the Dept. of Psychology on 9 September 2024.

Student Achievements

- Ms Usha K G of III BA won the Gold Medal in an international throw ball tournament held at Pokhara, Nepal, from 29 August to 3 September 2024 as a part of Indo-Nepal international sports championship.



- 10 students from the Department of English participated in the National Cultural Competition held on 4 September 2024, at Srinivasa University, Pandeshwara, Mangalore. Mr Shashank B S, Assistant Professor, accompanied the students.

- Ms Vidyashree B of III BA and Mr Y S Preetham of II B Com NCC Naval Cadets of the College won the Bronze Medal for Ship Model INS Imphal in the All India Nau Sainik Camp held at INS Shivaji, Lonavala Maharashtra.

