



Sri Dharmasthala Manjunatheshwara College, Ujire-574240



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Principal's Desk

Prepare to build a successful Career

Building a successful career is a multifaceted endeavor that requires careful planning, consistent effort, and strategic decision-making. This process, often initiated during one's educational journey, continues throughout professional life, adapting to changing circumstances and opportunities. Here, we explore key steps and considerations essential for effective career preparation. Which includes Self-Assessment and Goal Setting, the foundation of career preparation lies in understanding oneself. Self-Assessment involves evaluating one's strengths, weaknesses, interests, and values. Tools such as personality tests, aptitude assessments, and feedback from mentors can provide valuable insights. Once self-assessment is complete, setting clear, achievable goals is crucial. Goals should be specific, measurable, attainable, relevant, and time-bound (SMART). Next one is Education and Skill Development. Education is a cornerstone of career preparation. It provides the necessary knowledge base and critical thinking skills required in most professions. Pursuing relevant academic qualifications, whether through traditional degrees or vocational training, is essential. Beyond formal education, continuous skill development is vital. The modern job market values both hard skills (technical abilities) and soft skills (interpersonal abilities). Hard skills can be honed through courses, certifications, and practical experience. Internships, coop programs, part-time jobs, and freelance work offer valuable opportunities to apply learned skills in professional settings. Such experiences not only enhance one's resume but also provide insights into industry practices and workplace dynamics. Networking is another critical aspect of gaining practical experience. Building professional relationships can lead to mentorship opportunities, job referrals, and industry insights. Attending industry conferences, joining professional organizations, and engaging in online professional networks like LinkedIn can expand one's professional network. In addition to this developing a Professional Portfolio is very important. A professional portfolio showcases one's skills, accomplishments, and experiences. For creative fields such as graphic design or writing, a portfolio might include a collection of work samples. For other professions, it can comprise a detailed resume, cover letters, and a list of projects or achievements. Continuous Learning and Adaptability is another significant requirement to build a career. Career preparation does not end with securing a job; it continues with ongoing professional development and advancement. Seeking feedback, pursuing promotions, and taking on leadership roles contribute to career growth. Additionally, maintaining a work-life balance is important for long-term career satisfaction and health.

In conclusion, preparing for a successful career is a dynamic and ongoing process. It requires a combination of self-assessment, education, practical experience, continuous learning, and strategic planning. By actively managing their career development, individuals can navigate the complexities of the job market and achieve their professional goals.

With best wishes

Dr B A Kumara Hegde,
Principal

Programmes Organised

Seed Money Grant Award Ceremony

Research and Development Cell organised an Award Ceremony of the Seed Money Grant and Publication Incentives on 2 May 2024. The programme aimed at recognising and supporting faculty members' research achievement. The main objective of the Seed Money Grant is to kindle interest amongst staff in research and to do the background research that is needed to apply project proposals to external funding agencies. The publicity incentive covers publications made by faculty members in UGC-recognised journals.

Dr Satheeshchandra S, Secretary of the SDM Educational Society, Ujire, handed over 19 Seed Money Grants totalling Rs. 5,65,000 and 14 publication incentives totalling Rs. 1,00,000.

In his address, he emphasised the invaluable role faculty members played in submitting and presenting their project proposals for the Seed Money Grant. He acclaimed the management's unwavering commitment to financial assistance supporting research initiatives. Their dedication to empowering faculty members through Seed Money Grant and publication incentives exemplifies the Institution's commitment to nurturing a conducive academic growth and excellence environment. He urged to conduct quality research and publish papers in journals with Scimago ranking.

He also expressed his appreciation to the Director and Research and Development Cell members for their efforts in promoting research activities within the Institution. Their dedication and initiatives have significantly contributed to the growth and development of the institution's research culture.

Dr B A Kumara Hegde, Principal of the College, lauded the efforts of the Research and Development Cell. He thanked the management for supporting and motivating faculty members' engagement in active research. He highlighted the pivotal role of research in advancing knowledge and enhancing the institution's academic reputation. He also insisted on dedicating quality time to research and collaborating with neighbouring Universities.

Dr Sowmya B P, Director, Research and Development Cell, welcomed and announced the list of Seed money grant awardees. Dr Shashiprabha, Coordinator of the Research Promotion Committee, announced the list of publication incentive receivers and proposed a vote of thanks. The panel comprised Vice Principal S N Kakathkar, Registrar Administrative Dr Shalip A P, and expert committee members.

'Ekashunyam' State-level IT Fest

The Department of Computer Science and IT Cell organised a state-level inter-college IT fest, 'Ekashunyam', on 30 April 2024

Mr Ashrit Shetty, a Software Architect, TEDx speaker and Researcher, inaugurated the event and opined that Artificial Intelligence has its own way of thinking. If it is not kept in check with the force of morality, it may one day be impossible to stop it. "Deep fake technology prevalent recently is being misused in many ways due to a lack of ethical values. This can lead to conflicts that destroy the health of the society. The solution to this is using value-based AI," he expressed a visionary stance. Dr B A Kumara Hegde, Principal of the College, delivered the presidential speech and said, "Organizing these kinds of fests in the college brings out the students' diverse talents and increases their ability and confidence".

Mr Shailesh Kumar, HoD of Computer Science, was present. Ms Divya Yadav, Assistant Professor of the Department, welcomed the gathering. Ms Akshatha K coordinated the programme.



Eight skill development competitions, including Web Designing, IT Manager, and IT Quiz, were organised. Representatives from thirteen colleges participated in the event.

Quiz Competition

The Department of PG Studies and Research in Chemistry organised a quiz competition under the Social Responsibility Series on 29 and 30 April 2024. 12 Students in 6 teams from various departments participated in the competitions.

The first round with MCQs qualified teams for the second round. Ms Spurthi and Ms Bindiya of the host department conducted it. The final round had three sets. The first set was a “BUZZ” round where everyone need to raise their hands to answer the question displayed on the screen. In the second set, the “Vi-track”, was a visual test. The third set, was “NIVARANAM” tested the presenting skills and creative ideas.

Ms Anupama B S and Ms Sreetika Biswas of I M Sc Psychology won the first prize, and Mr Sunath Kumar M and Mr AmetarAbhinandan of II M Sc Physics won the second prize.

Ms Anagha, Ms Bhoomika, and Ms Madhura of the host department conducted the second round. Dr Narayana Hebbar, Assistant Professor in the Department of PG Studies and Research in Chemistry, coordinated the event.

Valedictory Programme of the Departmental Associations

The Department of History organised a valedictory programme of the History Association on 7 May 2024. Mr Dhanush K P, proud alumni of the Department was the chief guest.

He shared his personal experience through valuable messages and motivated students to take up higher studies. Dr Sanmathi Kumar, Head the Department, presided over the programme and highlighted about the importance of history in writing competitive exams.

23 Students shared their opinions. The department also felicitated the national sports achievers Manju, Ramesh and Dhanush, Deekshith and Taruna, who participated in RDC Kartyapat, New Delhi. Madhavi and Rithesh National Drama award winners were final-year BA students who were also felicitated. The Department also felicitated Topper history students in each semester: Thejaswi of the Fifth Semester, Manasa of the Third Semester, and Gowravi of the First Semester. Medals were also given to 100% Class attendance Students, and Medals and certificates to the Winners students of the Departmental activity Quiz, Panel Debate, Seminar, Wall Magazine and Group Discussion. Dr Sanmathi Kumar coordinated the programme. Ms Abhijna Upadhyaya, Assistant Professor, and 115 Students of the History Department attended the programme. Durgaprasanna, Vijeeth, Supritha and Dhanush were members of the Organising

Committee. Ms Shradha welcomed the guest to the gathering, Gowravi proposed a vote of thanks and Manasa and Kusumashree mastered the programme.

Field Visits

- The Department of History arranged a field visit to Manjusha Museum, Car Museum, Nelyadi Beedu Chandranatha Basadi, and Gommata Betta in Dharmasthala, as a part of Curriculum study for the benefit of first year degree Open-Elective Museology Students on 4 May 2024.

20 first-year Open Elective degree students took part in the field visits. Students studied different artefacts kept in museums like pre-historic relics, musical instruments, arms and weapons, images of metal and stone, cinematography, household items, Manuscripts, Typewriters, Clock, paintings, Stone Sculptures, manuscripts, Inscriptions, chariots, Stone images, Copper plates Fusels, Ceremony objects etc. Students also studied new objects that recently arrived in the museum related to instruments used during the time of hunting and testing human body temperature. Regarding this, the Deputy Director, Mr Rithesh Sharma, Mrs Chaitra, Mr Rajesh and the museum staff guided the students. Students also visited the Car Museum, Chandranatha Basadi Nelyadi Beedu and Gommata Betta. Dr Sanmathi Kumar, HOD of History, was the resource person on this occasion and also coordinated the programme.

- The Department of Political Science organised a study visit to the Court, Police Station, and sub-registrar office on 9 May 2024. During the visit, Senior Constable Mr Dhananjaya explained the students about FIR, IPC CRP, and the use of weapons. Additionally, they conducted demonstrations showcasing various types of firearms and tear gas rifles. Nagaraj, the Sub-Registrar, enlightened the students about different registrations.

At the court, the students had the opportunity to witness Criminal Court proceedings and engage in interactions with lawyers and judges. Mrs Swarnalatha, a senior advocate from JMFC Belthangady, guided the students throughout the court and provided them with insights into civil laws, criminal laws, and court proceedings. The event saw the active participation of all staff members from the department and final-year degree Political Science students.



Career Guidance Programme

The Department of History organised “After Degree MSW and Career Guidance Programme and Scope of Study in Social Work” on 3 May 2024 for III BA History Students. Dr Ravishankar, coordinator, Associate Professor Department of MSW PG Studies SDM College, Ujire, was the resource person and guided students about after-degree career opportunities and scope in PG Social work. Dr Sanmathi Kumar, Head of the Department, coordinated the programme. 41 students of III BA participated in the orientation.

Guest Lectures

- The Department of Chemistry organised a guest lecture by Mr Lokesh Shetty, Division In-charge and Chemist, Green Biotech Balehonnur, Chikkamagaluru on “Your Passion- Build a Successful Career” on 02 May 2024 for final year B Sc students. About 71 students actively participated in the programme. Ms Divya coordinated the programme.
- The Department of PG Studies and Research in Physics, in collaboration with Gravity Science Foundation, Chamarajanagar, organised a one-day special lecture series and ‘Demo On Emerging Trends, Opportunities and Applications of Physics’ on 04 May 2024.
- Dr B A Kumara Hegde, Principal of the College, inaugurated the programme. Prof S N Kakathkar, Vice-Principal of the College, presided over the function. Mr Abhishek A S, Founder and Secretary, Gravity Science Foundation, Chamarajanagar, as a resource person, delivered a special talk in three different sessions on “Applications of Physics in Medicine and Engineering” followed by demonstrations, “All about Amateur Astronomy and Amateur Radio” and “Future Opportunities in Physics”. Dr Raghavendra S, Head, Department of PG Studies and Research in Physics, coordinated the programme. The UG and PG students of Physics actively participated and benefited from the programme.

Student Development programme

- The Department of Business Administration conducted a two-day Student Development Programme titled “ Growth Horizon” for the Students of III BBA on 3 and 4 May 2024. Mr Girish Madla, Former Principal of Trisha College, Mangalore, inaugurated the programme.

The SDP focused mainly on the development of skill components among the students in four sessions. Session 1 was Empowerment Summit, and the resource person for the session was Mr Girish Madla. Session 2 was Entrepreneurship, and the resource person was Mr Abraham James P V. Session 3 was Employability Skills, and the resource person was Dr T Krishna Murthy. Lastly, Session 4 was Growth Mindset, and the resource person was Ms Ashwini H. The Staff In-charge was Mr Sharaschandra K S.

Orientation Programme

The Department of Business Administration organised an orientation programme for the students of III BBA on “Higher Education in Abroad” on 07 May 2024. Mr Royson Dsouza, Marketing Head, UNI abroad was the resource person for the session. Mr Gururaj, Assistant Professor of the Department, coordinated the event.

Placement Progression Committee

Placement and Progression Committee, in association with the Department of PG Studies and Research in Chemistry, organised Campus Placement Drive by Anthem Biosciences Pvt. Ltd. Bangalore for the M Sc Chemistry and Organic Chemistry students on 02 May 2024. Mr Ravikrishna, Senior Manager and Mr Shankar Bhat N, Deputy Manager, Analytical Research, Anthem Biosciences, conducted an interview after a brief talk on their industry. A total of 45 students attended the interview, out of which 22 students were shortlisted for the second round of interviews after the aptitude test. Finally, seven students were shortlisted for the trainee position.



Extra Curricular Activities

Anurag Gowda B R, from II JMC, delivered a compelling lecture on the Bollywood movie "Laapataa Ladies." The movie, directed by Kiran Rao and produced by Aamir Khan Productions, explores the misadventures of two young brides who get lost on the same train, leading to mistaken identities and humorous escapades. Anurag's lecture focused on how the film uses humour as a tool to dissect and critique patriarchy in society. Padhmanabha, Assistant Professor, from the Department of Journalism and Mass Communication, Dr Akshatha K, Coordinator of the Co-curricular committee, students from Journalism and other departments were present during the event.

Sports

The Mulki Sudar Ram Shetty trophy Inter-Collegiate Volleyball tournament was held at Mulki Sundar Ram Shetty College Shirva on 05 April 2024. Our college's men's and Women's teams secured first place in the tournament.



The Mangalore University Inter-Collegiate Women football tournament was held at Alva's College of Physical Education on 23 April 2024. The women's football team of our College won third place in the tournament.



Mr Gagan Gowda of II BA has been selected for the Indian Kabaddi Coaching Camp. He is the first player from Karnataka State to be selected.



The SDM Sports Club Selection Trails were conducted at Sri Rathnavarma Heggade Stadium, Ujire, from 15 to 22 April 2024.



Swimming Coaching camp was conducted between 5 April 2024 and 20 April 2024. 42 participants were trained in the camp.



Staff Achievements

- Dr Ganaraja K, Head, Department of Economics and Rural Development, conducted a Share Lecture on 'Scope for Arts Subjects and Current Affairs' for the students of Sacred Heart PU College, Madantyar, Government PU Colleges at Poonjalkatte, Venoor and Aladnagady and Kumbhashree PU College, Venoor on 29 April 2024..

Staff Paublication

- Dr Sanmathi Kumar, Assistant Professor and Head, Department of History, published a Research Paper titled "Warfare and Military History in Ancient India" in Journal Shodhasamhita Journal of Fundamental & Comparative Research, Kavikulaguru Kalidas Sanskrit University, Ramtek Nagpura Maharashtra, A Peer reviewed Bi-annual Interdisciplinary Research Journal of the University UGC CARE Listed Journal Volume - XI Issue 1(2) ISSN No. 2277-7067 on 10 May 2024 UGC Care Approved, Group I, Peer-Reviewed, Bilingual, and Referred Journal.
- Dr Sanmathi Kumar, Assistant Professor and Head, Department of History, published a Research Article entitled Neminatha Jinalaya Basthihalli Volume 14 issue no 1. in TULUVA Quarterly edited Journal with ISSN No. 2347-3452 published by Rashtra Kavi Govinda Pai Samshodhana Kendra Udupi on 5 May 2024.
- Ms Ashwini H, Assistant Professor, Department of PG Studies and Research in Psychology, general article on Types of Intelligence with the title "Yavabuddivanthikenimmamakaladdu ?" was published in Niranthara Pragathi monthly magazine with (ISSN 2582 -533X) in the month of May 2024 (Volume 20, Issue 9).

Staff Paper Presentation

Ms Ashwini H, Assistant Professor, Department of PG Studies and Research in Psychology participated and presented paper titled "Influence of superstitions among young adults" in National Conference 'Sambhrama 2024' held on 12th and 13th April 2024 organised by Department of PG Studies and Research in Social Work in collaboration with IQAC, SDM College, Ujire.

Staff as Resource Persons

- Mr Sunil Kumar, Assistant Professor and Ms Samhita S Mysorae, Senior Production Associate, Department of Journalism, participated as judges in the Vloggers competition organised as part of Flora Fiesta Inter-Class Fest organised by the Department of Botany on 1 April 2024.
- Dr Ganaraja K, Head, Department of Economics and Rural Development, attended the BOS meeting in Economics held at Alva's College (Autonomous), Moodubidire, on 22 April 2024.
- Mr Sunil Kumar, Assistant Professor and Ms Samhita S Mysorae, Senior Production Associate, Department of Journalism, SDM College, Ujire, have participated as Judges for the Photography and Videography competition organised as part of 'Ekashunyam' State-level IT Fest organised by Department of Computer Science on 30 April 2024.
- Ms Ashwini H, Assistant Professor, Department of PG Studies and Research in Psychology participated as resource person for the two-day Student Development Programme and spoke on the topic titled Growth mind set for Growth Horizon organised by Department of Business Administration, SDM college Ujire on 3 May 2024.

Staff Participation

- Mr Sooryanarayana Bhat P, Ms Pavithra Jain, Ms Rakshitha, Ms Apoorva Hegde and Ms Arpitha, Assistant Professors of the Department of English, attended a one-day National Level Faculty Development Programme (FDP) titled, “Engage to Educate: The Experiential Learning Pedagogy Tool”, organised by the Department of B Voc in Retail and Supply Chain Management on 18 April 2024.
- Ms Ashwini H, Assistant Professor, Department of PG Studies and Research in Psychology, participated in a one-day National Level Faculty Development Programme (FDP) titled, “Engage to Educate: The Experiential Learning Pedagogy Tool”, organised by the Department of B Voc in Retail and Supply Chain Management, SDM College, Ujire on 18 April 2024.

Students Achievements

- Sona P K, III BA History student, presented a student lecture series on the topic Dwaraka under the sea. She explained the history of Dwaraka, archaeological excavation of marine archaeology and Dwarakadhishwara temple and presented research on 3 May 2024.
- Pranamya of III BSC presented a Student Lecture Series on “From The Sky to Hillsides: The Fascinating Physics of Everyday Experiences. 40 students attended the programme.

