



Principal's Desk

Transforming dilemma to decorum

Any system that we create, needs to pass through a long process of planning execution evaluation and continuous up gradation. But this sequence is not tenable under emergency circumstances like the ones we experienced during the pandemic. Inevitably we had to implement emergency remote learning plans. Such instructional format is usually not sustainable for a longer period of time. Yet this crisis may generate new, more effective models of learning that disrupt the current models of both distance education and classroom instruction to a considerable extent.

Many researches suggest that there is a disconnect between what students are learning in colleges and what they need to know to be successful in future. Aligning curricula to match the two is a huge task by itself. We know that teaching by telling and learning by listening are no longer a standard form of learning. Effective learning involves learning by doing, collaboration, mentoring, and more importantly the use of right technology. It is imperative that students and teachers need to navigate digital worlds daily. Learners need to be taught to use and engage with technology meaningfully. This additional responsibility again is transferred to the teacher.

Consequently new ideas and innovative solutions need to be generated by our faculty and our students working together in a rich academic environment. The models evolved must facilitate educational measurement and must stand the tests of realistic assessment. New models of learning will naturally need new models of evaluation. We need a model that you can thrive even on chaos. Internal dynamics needs to be maintained at the positive level throughout the process. The most predictable and powerful way change can occur is through a process where many individuals within the organisation are working towards a shared goal. Let our organisational values and culture be the leading lights for all of us in this venture.

Prof. Satheeshchandra S.

Principal

Programme Organised

Hindi Day- Celebration

Department of Hindi organised various competitions on account of Hindi Day Celebrations. The competitions like Quiz, Speech, Swarachita-KavitaVaachana and DeshaBhakti Geeta Gaayanawere conducted from 7 to 13 September 2021.

Department of Hindi Conducted National Level Hindi Divas Samaroha on “Ek Raastrabhasha Hindi Ho, Ek Hrudaya Ho Bharata Janani” on 14September 2021.

Career Guidance Programme

Department of Home Science organized a career guidance programme on ‘Decision Making’ for III B.A Home Science students on 23 August 2021. The resource person was Dr. Athul. S. Semitha, Assistant Professor, Department of Social Work, SDMPC Centre, Ujire. The main objective of the programme was to create awareness on importance given to take decision for better future, self-decision at certain situation, finding alternative ways, positive thinking and improving the inner abilities. The session was interactive, activities conducted to ensure total participation and involvement of the students in the programme. Ms. Shobha. S welcomed and introduced the guest to the audience. All final year Home Science students were benefited by the programme.

Guest Lecture on Self -Employment

Department of Home Science organized a guest lecture on the topic ‘Self Employment to Home Management for Happy Living’, on 24 August 2021. The guest speaker was Sri. Prakash Kamath, Principal, SDMITI, Ujire. The main objective of the programme was to empower young girls to be entrepreneurs. The session was interactive and 38 students were benefited by the programme.

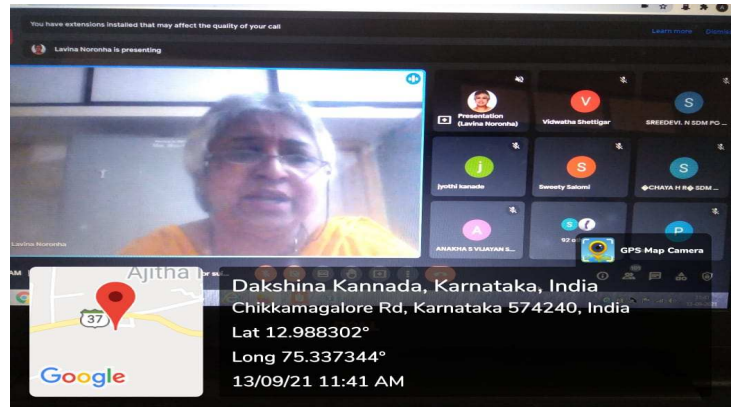
Workshop on ‘Introduction to Python for Mathematics’

Department of Mathematics Organized 4-Day Workshop on “Introduction to Python for Mathematics” to all B. Sc students from 1 to 4 September 2021. Resource person was Mr. Niranjana. P and Mr. Harshavardhan G. Hegde of II B.Sc Class.

World Suicide Prevention Day – 2021

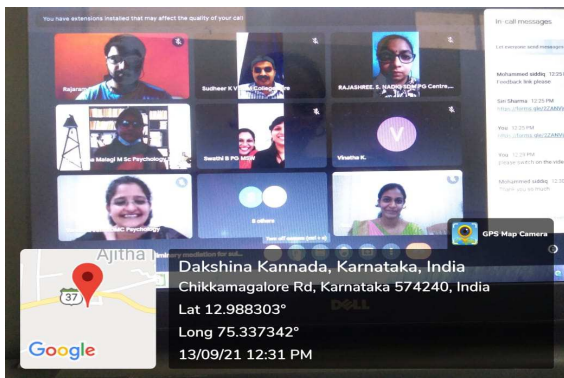
Department of Psychology (UG and PG Studies) on account of World Suicide Prevention Day organized a National Webinar on “Preliminary Mediation for Suicidal Ideation” on 13 September 2021.

The webinar took place on the Google Meet. All the Under Graduate and Post Graduate students were part of the



elucidative webinar. Dr. Lavina M. Noronha, Director, AVC Maria Palliative Care, Vamanjoor, Mangaluru was the resource person.

Dr. Lavina M. Noronha reflected her profound knowledge on the topic and highlighted on the tools to understand the different areas of difficulty a potentially suicidal individual might be experiencing, Psychiatric diagnosis & suicide, symptoms, do's and don'ts of communication, motivation enhancement, therapies that help in treating the suicidal clients, hope kit and suicide lifelines which was an insightful and thought provoking awareness talk. Followed by there was an interactive session of Q&A where students were given the opportunity to clear their doubts and gain more knowledge on the topic.



Dr. Satheeshchandra S, Principal, Dr. Vishwanatha P, Dean, and Dr. Vandana Jain, HOD of psychology and Convener, and Ms. Ashwini Shetty, event coordinator, faculty members, the organizers and all the UG and PG students were present on the occasion. Ms. Rajashree S. Nadig welcomed the gatherings, Ms. SmruthiN Raj proposed vote of thanks.

Teach to Reach – Awareness programmes

Department of PG studies and Research in Psychology in association with Counselling cell organized ‘Teach to Reach’, an awareness programme on account of suicide prevention day-2021 at SDM English Medium School (STATE), Ujire, SDM English Medium School (CBSE), Ujire, SDM English Medium School, Belthangady and SDM English Medium School, Dharmasthala from 11 to 13 September 2021 through Google meet.

Essay Competition

Department of PG Studies and Research in Psychology organized a national level essay competition - 'AKSHARAYU' for PU, UG and PG students on account of suicide prevention day, 2021.

Mono Act Competition

Department of PG studies and Research in Psychology organized a national level Mono Act competition "NATKERANG" for PU, UG and PG students on account of suicide prevention day, 2021 through online.

NSS Annual Advisory Committee Meeting

NSS Units organised the NSS Annual Advisory Committee Meeting on 9 September 2021 to discuss the plan of action for the academic year 2021-22 and celebration 50th year of NSS Units by organising yearlong activities.

Blood Donation Camp

NSS Units and The Rovers and Rangers Units in association with SDM Hospital Ujire and Rotary Blood Bank, Mangalore organised a Blood Donation Camp in SDM PU College, Ujire on 13 September 2021. 10 NSS volunteers participated and 36 units of blood were collected from the donors.



Cleanliness Programme

NSS Units organised a 'Cleanliness Programme' as part of Shramadan and conducted cleaning activities at Siddhavana Bus Stand, Ujire on 14 September 2021 to spread the awareness on Swach Bharath Initiative. 10 NSS Volunteers Participated in the programme.

Awareness Talk on "Sexual Abuse" - Shatter the Silence Stop the Violence

Women Grievance Redressal cell and Internal Complaint committee of the college organized an awareness talk on "Sexual Abuse" - Shatter the Silence Stop the Violence on September 8, 2021 through

Google meet online platform. by .Dr. Navyashree G.C. , Assistant Professor, Department of PG Studies in Research and Psychology. The main purpose of the program is to create awareness among the students regarding sexual abuse.

The Resource Person gave a complete information regarding sexual abuse. She casted light on different types, myths and reality of sexual abuse, statistics and effects of sexual abuse, Acts and Movements on sexual abuse, how to shatter the silence of sexual abuse.

Dr. Dhaneshwari Assistant Professor, Department of PG Studies in Social Work welcomed and the gathering proposed the vote of thanks.

Women and Health

Women Development Cell in association with Student Welfare Committee and Women Grievance Redressal Cell Organised a Community Presence- Health Program on “Women and Health” on 7September 2021 in SDM Maithreyi Hostel, Ujire. Dr. Sunitha D’Souza, MD-III, Nutrition and Didactics, SDM BNYS College, Ujire, was the resource person. More than 130 students participated in the program. It was appreciated by the students & Wardens. Ms. Malini Anchan, Co-ordinator of Women Development Cell, Ms. Ganavi D, Member, Women Grievance Redressal Committee were Present.

Women's skill enhancement and entrepreneurship

PG Department of Chemistry in association with JCI Ujire organized a virtual training program on the topic "Women's skill enhancement and entrepreneurship" on 12 September 2021. Dr. ChithraB C, Assistant Professor, MSW Department and Mrs. Anusooya, Senior Lecturer, Rudseti Ujire were the resource persons. Dr. Chithra B C explained the importance of self-awareness and Mrs. Anusooya briefed on the facilities available for start-ups.

Staff Publications

- Dr. A. Jayakumar Shetty, Associate Professor, Department of Economics published an article titled “Impact of Covid-19 on Cashew Industries” in the journal Southern Economist, volume-60, number-9, September 2021, pp 27-28 with ISSN 0038-4056.
- Dr Yuvaraja U, Assistant Professor, PG Department of Economics published a research article on “The Social Isolation of the Elderly during the COVID-19 Epidemic- A New Challenge” GENIUS- An

International Multidisciplinary half yearly research journal, Volume-X, Issue-I, August-January-2021-22, IF-2019-6.631, Peer Reviewed referred Journal No-47100, ISSN-2279-0489, pp-40-44

Staff Achievements

- Dr. Sahana K and Ms. Sowmya K, Assistant Professors, Department of Physics received a grant worth Rs 15 lakhs for a project titled "Establishment and up-gradation of RF/Microwave antenna research laboratory for advanced wireless communication and bio-science applications" by VGST under the scheme of K-FIST level 1.
- Dr. Navyashree G.C, Assistant Professor, Department of PG Studies and Research in Psychology delivered an awareness talk on Sexual Abuse- Shatter the Silence , Stop the violence organized by Women Grievance Redressal Cell and Internal Complaint Committee of Sri. Dharmasthala Manjunatheshwara College (Autonomous), Ujire on 8 September 2021.
- Dr. Sanmathi Kumar, HOD, Department of History, delivered a guest lecture through Virtual online mode on 'Historical Importance of Moodbidri and Venoor' organized by Department of History, Alva's College, Moodbidri, in association with Dakshina Kannada Zilla Panchayat, Mangalore, on 2 September 2021.
- Dr. A Jayakumar Shetty, Associate Professor, Department of Economics, submitted a major research project proposal titled 'A Grass root level Model for Income Generating Activities and Sustainable Livelihoods: A Case Study of RUDSETI and SIRI' to Indian Council of Social Science Research (ICSSR) on 5 September 2021.
- Dr. Ganaraja K. Assistant Professor, Department of Economics, submitted a major research project proposal titled 'Implications of Covid-19 on rural Urban Migrant workers: A Case Study of Karnataka' to Indian Council of Social Science Research (ICSSR) on 5 September 2021.
- Dr. Mahesh Kumar Shetty H, Assistant Professor, Department of Economics, submitted a major research project proposal titled 'Women Empowerment through Pradhan Mantri Mudhra Yojana (PMMY): An Evaluation Study in Karnataka' to Indian Council of Social Science Research (ICSSR) on 7 September 2021.
- Dr. Vandana Jain, Assistant Professor, Department of Psychology, delivered a radio talk on account of World Suicide Prevention Day for Ninada, Community Radio on 8 September 2021.

- Mr. Sachin R Hebbar, Assistant Professor, Department of Commerce, presented the paper titled 'A Study on the Impact of Remote Working and Well-being in COVID19 with Special Reference to Employees Residing In Rural Villages of Belthangady Talk' in an online National Workshop-2021 on Corporate Governance and Financial management organized by Mangalore University from 6 to 12 September 2021.
- Dr Rakesh T S, Assistant Professor, Department of Business Administration, submitted a research project proposal titled 'Socio-psychological Analysis of Women led enterprises in Karnataka: A Mixed Method Approach' for the grant of financial assistance for research study from the funding agency National Commission for women, New Delhi.
- Mr. Sharaschandra K, Assistant Professor, Department of Business Administration, delivered a talk as a guest speaker for FDP in Acharya Institute of graduate studies, Soldevanhalli, Bangalore on 'Investment Strategies for Beginners' on 8 September 2021.
- Dr Yuvaraja U, Assistant Professor, PG Department of Economics, presented research paper titled 'The Social Isolation of the Elderly during the COVID-19 Epidemic- A New Challenge' in National Level Interdisciplinary E-Conference on Socio-Political and Economic Changes at the National and International levels During the Covid period, at Shri Shivaji Education Society Amravati, Dr. Gopalrao Khedkar Mahavidyalaya Gadegao (Telhara), Akola district.
- Dr Dhaneshwari and Dr. Chitra BC, Assistant Professors, Department of PG Studies in Social Work, organized an awareness talk on 'Sexual Abuse - shatter the silence stop the violence' through Women Grievance Redressal Cell and Internal Compliant Committee on 8 September 2021.
- Dr. Raghavendra S, Assistant Professor, Department of Physics, was invited as the resource person for a two-day webinar series organized by GMIT, Davanagere to commemorate Engineers day. The topic was 'Conceptual Foundations on Quantum Mechanics' on 14 September 2021.
- Dr. Chitra BC, Assistant Professor, Department of PG Studies in Social Work delivered talk on "Skill Enhancement and Professional Training for Women" on organized by JCI Ujire on 11 September, 2021.

Staff Participation

- Ms Apoorva K Hegde, Ms Rakshitha and Ms Kaushalya Devi Himani, Assistant Professors, Department of English, participated in State level webinar on the eve of 75th Independence Day program on 'Footprints of freedom Movement in Coastal Karnataka' organized by Literary and Fine Arts committee on 14 August 2021.
- Dr. B. P. Sampath Kumar, HOD, Department of Kannada, participated in a workshop on 'National Education Policy 2020' organised by Mangalore University on 30 August 2021.
- Dr. B. P. Sampath Kumar, HOD, Department of Kannada, participated in a workshop on 'Implementation of NEP-2020 in Karnataka' organised by Karnataka Rajya Maha Vidyalaya Shikshak Sangh, Karnataka State Higher Education Council and Centre for Educational and Social Studies on 7 to 8 September 2021.
- Mr. Ravishankara G K, Assistant professor, Department of Kannada, participated in a webinar on 'Sarvajana Vachanagalalli Samskruti' organised by Central University, Kasaragod on 1 September 2021.
- DR Mallikarjuna N and Ms. Shruti Mankikar, Assistant Professors, Department of Hindi, attended 3-day National level workshop on "Raajyabhasha Hindi: Samvaidhanika Praavadhana Evam Prashikshana' organized by Yashavantarao Chouhaan Kala Vaaniya Va Vigyaana Mahavidyalaya, Ambajogayion 1 to 3 September 2021.
- Dr. Mallikarjuna N, and Ms. Shruti Mankikar, Assistant Professors, Department of Hindi, attended national level webinar on "Nayi Shiksha Neeti aur Paryavarana Shiksha' organized by Madhya Pradesh Bhoj (Open) University on 3 September 2021.
- Dr Mallikarjuna N, Assistant Professor, Department of Hindi, attended the national webinar on 'Bhagavati Charanverma: Sahitya Evam Sandarbh' organized by Vishva Hindi Sanghatan, New Delhi on 30 August 2021
- Dr Mallikarjuna.N, Assistant Professor, Department of Hindi, attended the national webinar on 'Nayee Sadee Ki Nayee Hindi' organized by Department of Hindi, Government Shaheed Kedaarnath College, Madhya Pradesh on 31 August 2021

- Dr Mallikarjuna. N, Assistant Professor, Department of Hindi, attended one-day national webinar on 'NEP 2020: Equality and Opportunity' organized by Karmakshetra Mahavidyalay, Etawah on 11 September 2021.
- Dr Mallikarjuna.N, Assistant Professor, Department of Hindi, attended national Vyakhyamala on 'Hindi Evam Aadhunika Bharatiya Bhasha' organized by Department of Hindi Allahabad University on 11 September 2021.
- Dr Mallikarjuna.N, Assistant Professor, Department of Hindi, attended the national conference 'Hindi Bhasha Me Badte Rojgar Ki Sambhavanaye' organized by Dadapatil Rajle Arts, Commerce and Science College, Ahmednagar on 14 September 2021.
- Dr. Sanmathi Kumar, Assistant Professor, Department of History, participated in 7-day national level virtual Faculty Development Programme on 'ICT Tools - The Emerging Trends of Teaching' organized by the Department of Secretarial Practice in association with IQAC Besant Women's College, Mangalore, from 24th to 30th August 2021.
- Dr. Sanmathi Kumar, Assistant Professor, Department of History, participated in national level webinar on 'Tools for Literature Search' organized by DoS & R in Library and Information Science, Karnataka State Open University, Mukthagangotri, Mysuru, on 4 September 2021.
- Ms. Shobha S, Assistant Professor, Department of Home Science, participated in the national level webinar on 'Protect Breast feeding-A message for mother to be' organized by the Department of Home Science, Besant Women's College, Mangalore, on account of World Breast Feeding Week Celebration in association with Inner Wheel Club of Mangalore north on 7 August 2021.
- Ms. Shobha S, Assistant Professor, Department of Home Science, participated in Rashtagaan, an initiative by Ministry of Culture to mark Azad Ka Amrit Mahotsav on 14 August 2021.
- Ms. Shobha S, Assistant Professor, Department of Home Science, participated in national level 'Breastfeeding Awareness e-Quiz' organized by the Department of Food Nutrition & Dietetics, Alva's College, Moodubidre, on 18 August 2021.
- Ms. Shobha S, Assistant Professor, Department of Home Science, participated in state-level webinar on the eve of 75th Independence Day programme on 'Footprints of Freedom Movement in Coastal Karnataka' jointly organised by Literary and Fine Arts Committee and department of History, SDM College, Ujire on 14 August 2021.

- Prof S.N Kakathkar, HOD, Apeksha Jain, Assistant Professor, Department of Physics, participated in two-day national level webinar on 'Master the communication process using Gmail' organized by Scroll Well on 4 and 5 September 2021.
- Ms. Divya, Assistant Professor, Department of Chemistry, attended International webinar on 'Research Methodology' jointly organized by the Department of Computer Science in association with IQAC, Mahatma Gandhi Memorial College, Udupi on 4 September 2021.
- Dr. Narayana Hebbar, Assistant Professor, Department of Chemistry, attended two-week Online International Workshop on 'Emerging Trends in the field of Science and Technology' organized by the Department of Physics, Sathyabama Institute of Science and Technology, Chennai from 16 to 28 August 2021.
- Dr. Savitha Kumari, Assistant Professor, Department of Statistics, participated in the awareness talk on 'Sexual abuse'- Shatter the Silence stop the violence' through online platform conducted by Women Grievance Redressal cell and Internal Complaint committee, on 8 September 2021.
- Dr. Savitha Kumari, Ms. Manjula and Ms. Vijetha Assistant Professors, Department of Statistics, participated in the national level webinar on 'Preliminary Mediation for Suicidal Ideation' organized by Department of Psychology, SDMC, Ujire on 13 September 2021.
- Dr. Sudheer K V, Assistant Professor, Department of Psychology, participated in the national level webinar on 'Plagiarism, Citation and Reference in Social Science Research', organized by St Alphonsa College of Arts and Science, Kanyakumari, Tamil Nadu on 3 September 2021.
- Dr. Sudheer K V, Assistant Professor, Department of Psychology, participated in a National Level online Seminar on 'IPR: Issues & Challenges in the context of NEP', organized by Lal Bahadur Shastri First Grade College, Bengaluru on 04 September 2021.
- Dr. Sudheer K V, Assistant Professor, Department of Psychology, participated in a National Level Webinar on 'Transdisciplinary Research- An Overview', organized by V.O. Chidambaram College, Thoothukudi, Tamil Nadu on 5 September 2021.
- Dr. Sudheer K V, and Dr. Vandana Jain, Assistant Professors, Department of Psychology participated in a National Level Webinar on 'Preliminary Meditation for Suicidal Ideation', organized by Department of Psychology UG and PG Studies, SDM College (Autonomous), Ujire.
- Ms Malini Anchan, Assistant Professor, Department of Commerce, participated in One Week National Level Faculty Development Programme (FDP) on "From Research To Publication"

organized by the Guru Shree Shantivijai Jain College for Women, Vepery, Chennai on from 18 to 25 August 2021.

- one day international webinar on IPR and its role in research and innovations 2021 organized by the Department of Chemistry and IQAC, SMS, Government Model Science College, Jiwai University, Gwalipr on 31 August 2021.
- Ms. Fathima Safira, Assistant Professor, Department of Commerce participated in two- day FDP on Contemporary Research Methodology organized by the Department of ECE, Mahatma Gandhi Institute of Technology, Hyderabad on 7 to 8 September 2021.
- Mr. Sachin Hebbar, Assistant Professor, Department of Commerce participated in Online National Level workshop-2021 on 'Corporate Governance and Financial Management' organized by Mangalore University on 12 September 2021.
- Mr. Sachin Hebbar, Assistant Professor, Department of Commerce participated in two day National Level Faculty Development Programme (FDP) organized by DMI Engineering College Chennai on 'Recent Trends and Development in teaching Pedagogy ' held from 25 to 26 August, 2021.
- Mr. Ramesh A, Physical Education Director participated in the 'Six-week certificate course in sports coaching session on volleyball" organized by Sai NS Southern Centre Bangalore from 15 30 August 2021.
- Ms. Sharada, Physical Education Director participated in the 'International training on finding out of Scopus free journal for publication and book writing process' organized by Eudoxia research center on 10 to 23 August 2021.
- Dr. Athul. S. Semitha, Assistant Professor, Department of PG Studies in Social Work attended one day National level E-Workshop on "I.C.T Tools in Teaching" organized by Azad Mahavidyalaya, AUSA held on 15 September, 2021
- Dr. Athul S. Semitha, Assistant Professor, PG Studies in Social Work participated in Two Day's National Webinar on "Inclusive Urbanism and Green Technology" organized by Centre for Built Environment (CUBE) of South Asian Institute for Advanced Research and Development (SAIARD) in association with Smart Cities Mission Ministry of Housing & Urban Affairs (MoHUA), Govt. of India held on 23 and 24 August 2021.

- Dr. Akshatha K, Assistant Professor, Department of PG Studies in Social Work attended one day Faculty Orientation Programme on “Integrating Service-Learning Labs in Social Work Education” organized by Kristu Jayanthi College, Bengaluru held on 9 September, 2021.
- Dr. Chitra BC and Ms. Swathi B, Assistant Professors, Department of PG Studies in Social Work, attended one day National level webinar on “Preliminary Meditation for Suicidal Ideation” organized by Department of Psychology (UG&PG), SDM College (Autonomous) held on 13September, 2021.

Students Achievements

- Ms. Meghashree III B., Department of Home science delivered a talk on “Nutrition for Adolescence” during student lecture series programme conducted on 23 August, 2021
- Anusha G Shetty of IInd BA ‘B’ participated in Essay writing Competition organized by Akashavani Mangalore in association with Government First Grade College Hebri on the topic “Covid-19 and Digital revolution” on 10 September 2021.
- Mr. Hrithik H. A, I B.Sc, and Ms. Swastika Suraj Mahalaxmikar, I BSc, participated in University Level Pre-RD Selection Camp held at University College, Hampankatta, Mangalore on 7 September 2021.
- 30 NSS Volunteers volunteered for the “Laksha Lasika Abhiyana” vaccination drive organised by the Health Department, Mangalore in various villages of Belthangady Taluk, on 8 September 2021. Volunteers assisted health officials in the registration and recording process of vaccination in designated PHCs.
- Prajna I B Com B, Prajna I B Com B, Sanjana G H I B Com D, Rangers, Ranger Unit of the College extended their voluntary service in blood donation camp, organized by NSS, Youth Red Cross Unit and JCI Ujire held at SDM PU College Ujire, on 13September2021.

