



Principal's Desk

After the dawn

As the dark days of the pandemic fall off gradually, there awakens a new reality, a new approach and a new direction. Many of them are so new and fresh that they appear exploratory, entailing continuous revision and refinement. Earlier we used to traverse a well defined path. Now the task is to create one, the one that defines the journey in the days to come. Yet the **spirit of education remains the same - to turn mirrors into windows.**

There is a **Buddhist proverb** - "If a seed of a lettuce will not grow, we do not blame the lettuce. Instead, the fault lies with us for not having nourished the seed properly."

It is a truly defining guidance to all of us. There is nothing in a caterpillar that tells you it is going to be a butterfly. The metamorphosis happens silently over a period of time, sending a message of hope and aspiration to all of us. All our plans and procedures call for a missionary perseverance along with an ardent belief that the butterfly of success will consequently fly out from the cocoon.

Such transformations can certainly register success if one has realized the wealth of sympathy, the kindness and generosity hidden inside all of us, the teachers and the taught. The effort of every true education should be to unlock that treasure. It is these virtues which guarantee the transformation, 'from caterpillar to the butterfly

Prof. Satheeshchandra S.

Principal

Republic Day Celebrations



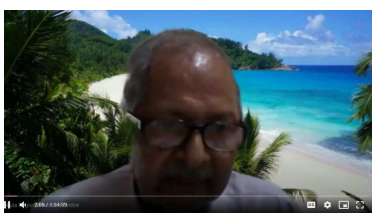
SDM Educational Institutions celebrated the 72nd Republic Day at Sri Ratnavarma Heggade Stadium, Ujire on 26 January 2021. Dr. B Yashovarma, Secretary; SDM Educational Society hoisted the flag. Heads of various SDM the institutions, staff and students were present. NCC Cadets gave a ceremonial salute to the national flag. Students of various institutions sung the National Anthem.

Workshops and Webinars

Workshop on Uploading Content for Wikipedia

Department of Journalism and Mass Communication organized a workshop on 'Uploading Content' for Wikipedia on 12th and 13th January 2021. Mr Ananth Subbaray, Editor, Wikipedia, Center for Internet and Society, Bangalore participated as a resource person. Nearly 200 articles on *Jaina Basadis* of the South Canara were uploaded during the workshop. Totally 20 students of Mass Communication and Journalism participated and contributed the articles. Dr Hampesh K S was the co-ordinator of the workshop.

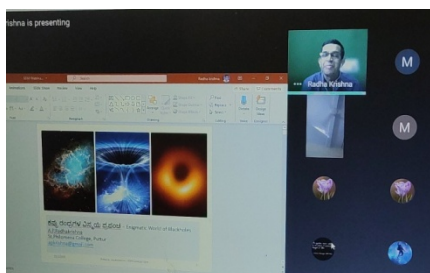
A Webinar Series on Basic Sciences



A Webinar Series on Basic Sciences was inaugurated recently. The programme was aimed at popularization of basic sciences, a unique motivational programme organized by the Regional Science Centre Pilikula. The webinar series was inaugurated by Dr. Satheeshchandra. S, Principal of

the college who opined that, 'basic sciences are the root for applied science, without which the science tree cannot survive. He appreciated the organisers for planning this outreach activity which plays an important role in popularizing basic sciences.'

Webinar on Black Holes



UG Department of Physics and IQAC in association with Regional Science Centre Pilikula, Mangalore, organized a webinar on 'Black Holes' as a part of science Webinar Series. Dr A.P Radhakrishna, HOD, Department of Physics, St. Philomena College, Puttur was the resource person.

Dr A.P Radhakrishna, in his lecture explained about the birth of celestial bodies like black holes, reason behind it and their properties. These are the celestial objects with special property of infinite gravitational force. So nothing can escape from these celestial bodies, hence they look black and hence the name he added. Also he motivated the viewers about fascinating world of Astronomy.

High school students, teachers and public of Belthangady Taluk participated in the webinar. Ms. Namaratha mastered the ceremony. Coordinator of the programme, Dean of Science Mr. S N Kakathakr was present during the session.

Webinar on Nuclear Energy- Boon or Bane to Mankind

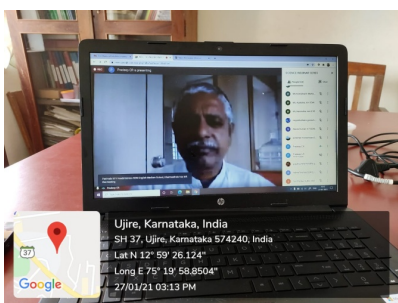


UG department of physics and IQAC in association with regional science Centre Pilikula, Mangalore, organized a webinar on the topic Nuclear Energy Boon or Bane to Mankind. Dr. Sripathi Panchithaya, Professor of Physics, National Institute of Engineering (NIE), Mysore, was the resource person.

He explained about basics behind the production of Nuclear energy. 'Nuclear energy is the energy in the core of an atom, where an atom is a tiny particle that constitutes every matter in the universe. Normally, the

mass of an atom is concentrated at the centre of the nucleus. Neutrons and protons are the two subatomic particles that comprehend the nucleus. There is massive amount of energy in bonds that bind atoms together. Nuclear energy is discharged by nuclear reactions either by fission or fusion. In nuclear fusion, atoms combine to form a larger atom. In nuclear fission, the division of atoms takes place to form smaller atoms by releasing energy. Nuclear power plants produce energy using nuclear fission. The sun produces energy using the mechanism of nuclear fusion.' Ms Apeksha Jain, Assistant Professor, dept of Physics mastered the ceremony.

Webinar on "Math Magic – Improving Mathematical Skills



Department of Mathematics and IQAC in association with Pilikula Regional Science Centre, Mangalore organized a webinar on "Math Magic – Improving mathematical Skills" to High School teachers and students of Belthangady Taluk. Dr. Pradeep C. R, Former Scientist, IISc, Professor Emeritus, Department of Mathematics, CIT, Gubbi, Tumkur was the resource person.

Webinar on Role of Educational Institution in Advancing Tobacco Control Program

Department of PG Studies in Social Work in association with State Tobacco Control Cell, Department of Health and Family Welfare, Bengaluru organised a Webinar on 'Role of Educational Institution in advancing Tobacco Control Program' on 28 January 2021.

Resource Persons of the webinar, Dr. M. Selvarajan, Deputy Director (Medical) and State Program Officer (NTCP), Department of Health and Family Welfare, GoK spoke about COTPA Amendment Bill. Dr. Sirdevi Deshpande, State Consultant NTCP spoke about National Tobacco Control Program. Mr. Prabhakara, Project Manager- The Union, New Delhi spoke about Role of Educational Institutions in advancing Tobacco Control Program in Karnataka. Dr. Amit Yada, Senior Technical Advisor, The Union, New Delhi spoke about the purpose of the webinar. MSW students, faculty members and NGO practitioners participated in the webinar. Dr. Akshatha K. Assistant .Professor, PG Department of Social Work was the convenor and Prof. Ravishankar K R .HOD, Department of PG Studies in Social Work was the organizing secretary of the Webinar.

NSS Activities

- NSS Units of the College organised 'Voters Pledge Programme' on account of National Voters Day and administered oath for the volunteers in Google Meet Platform.
- NSS Units organised various programmes like Quiz, Drawing, Information Exchange, Essay Writing and Preamble Writing for the volunteers on account of Republic Day Celebration on 26 January 2021.

Guest Lectures

- Department of Mathematics organised a guest talk on "Behavioural and Communication Skills in Industry". Mr. Narashima Shenoy, Principal Engineer, Collins Aerospace Industry, Bangalore was the resource person. Second year BSc students attended the lecture.
- The Department of P.G. Studies in English organized a guest lecture by Dr. Kiran S.N., Assistant Professor Department of Postgraduate Studies and Research in English Tumkur University, Tumkur, on the topic "Towards Professionalism" on 28 January 2021 for I M.A. and II M.A. English students. Dr. Shankarnarayana K., Coordinator, coordinated the program.
- The Department of PG Studies and Research in Commerce organised a Guest Lecture by Dr. Sunil D'Souza, Assistant Professor, Department of Commerce, St. Philomena's College, Mysore on the topic "Research Methodology for Students of Research Project" on 22 January 2021.
- Dept. of PG Physics organized an online Guest lecture by Prof. Raveesha K H, Associate Professor and HOD of Physics, CMRIT, Bangalore on 16 January 2021. The topic was "Optics Based Technologies". The resource person also showed demonstrations of simple optics experiments. Totally 60 students of I and II M. Sc Physics participated in the programme. This is the second talk of the ongoing "Physics Lecture Series".

Alumni Interaction

- The Department PG studies in Journalism and Mass Communication organised an Alumni Interaction Session on 8 January 2021. Mr. Vinayaka Mathapathi, Adamy Foundation, Belgaavi, Mr Mithun, Journalist, Digital Media, Udayavani, Manipal and Mr. Harshith, Content Writer, Colors Kannada, Bangalore, interacted with students on journalistic ethics.
- Department of PG Studies and Research in Psychology organized an alumni interaction with Ms. Anagha S from 2018 -2020 batch who is working as an Assistant Professor and Clinical Psychologist, Manasa Nursing Home, Shivamoooga on 16 January 2021. The students of I and II year M.Sc Psychology participated in the programme. Ms. Anagha spoke about the career opportunities for psychologists and methods of utilizing the opportunities that are provided at postgraduate level.

Community Oriented Programme

National Girl Child Day Celebration



The Department PG studies in Journalism and Mass Communication in association with Ujire Grama Panchayath, organised National Girl Child Day Celebration on 28 January 2021. Dr Sathishchandra S, Principal of the college inaugurated one-day programme. Mr. Kusumadhara, CDPO, Taluka Panchayath, Beltangady, and Ms. Priya Agnes, Women and Child Development Officer, Belthangady, were the chief guests. Totally 220 students from different primary and high school and PU colleges of surrounding area participated in the programme. As part of the celebration, 12 competitions including speech, essay, and folk games were conducted. Dr Dinesh Chouta, Principal, SDM PU College, Ujire, was the guest of the valedictory programme.

Visit to RUDSETI

Department of PG Studies in Social Work, SDM College, Ujire organized an orientation visit to RUDSETI, Ujire for I MSW students on 28 January 2021. Mrs. Anusuya, Counsellor and Trainer, RUDSETI, Ujire oriented students and explained the organization's history, aims and objectives, program and other information to the students. Dr. Dhaneshwari and Dr. Athul were organized this orientation visit.

Orientation visit to SDM Yoga and Nature Cure Hospital

Department of PG Studies in Social Work organized an orientation visit to SDM Yoga and Nature Cure Hospital (Shanthivana), Dharmastala for I MSW students on 27 January 2020. Dr. Kavya and Dr. Sharada oriented students and explained the different therapies and facilities available in the hospitals and also given health tips to the students. Dr. Chitra B.C and Dr. Akshatha were organized this orientation visit.

Staff Publications

- Dr. Rajashekar, Assistant professor Department of Kannada published a research article titled 'Basavaraja Kattimani Kadambari Nee nanna Muttabeda: Ondu Visleshanathmaka Nota' in Research Journal 'Karnataka Lochana', B. M. Shri. Pratistana, Bangalore (Val-34/2021. Issue No.2)
- Mr. Abhijeeth S Badiger, Dr. Shrisha Naik Bajpe and Dr. K R Maruthi, Assistant Professors Department of Botany and Biotechnology have published a paper titled, 'Exploration Of Mentorship Program of SDM College, Ujire In Covid19 Pandemic' in the journal The Research Journal (TRJ) vol. 7 Issue 1.
- Dr Hampesh K, S, Assistant Professor, Department of Journalism and Mass Communication published an article titled 'Niyatakalikada Hosa Prayoga'- Parisara Patrikodyamadalli 'Hasiruvaasi' in Chinthana Bayalu an UGC care list journal. Vol:9(2). ISSN: 2278-2192. October, December 2020.
- Dr N K Padmanabha, Assistant Professor, PG Department of Journalism and Mass Communication, edited a book titled 'Nagabharana Cinemavarana' The book was released by veteran actor Ananth Nag, renowned music director, lyricist Hamsalekha at Indian Institute of World Culture, Bangalore, on 23 January 2021. Popular cinema artists Shreenath, Mukhyamanthri Chandru, B.Jayashree, Ramakrishna, Sundara Raj, Dattatreya and film director P.Sheshadri, actress Sudharani were present on the occasion. The book consisted of scholarly write-ups on cinematic contributions

of film director, T S Nagabharana and projected literary and cultural significance of his movies. These write-ups transcribed by Dr N K Padmanabha based on audio-texts of scholarly thoughts presented in four symposia titled Nagabharana Cinemavarana organised in Mysore, Bangalore, Dharwad and Raichur.

- Dr Hampesh K S, Assistant Professor, Department of Journalism and Mass Communication published a general article on 'Yuvajanaru Badalavaneya Harikararagi' in Udayavani daily UV Fusion Edition on 1 January 2021.
- Ms Geetha A J, Assistant Professor, Department of Journalism and Mass Communication published a general article on Citizen Journalism titled ' Navamadhyamada Bharateyalli Nagarika Patrikodyama Artha Kaledukolluttideye?' in Udayavani daily's editorial page on 2 January 2021
- Dr Padmanabha, Assistant Professor, Department of Journalism and Mass Communication published a general article on relevance of Swamy Vivekananda titled 'Swamitva, Vivekatva Mattu Aananda Tatva' in Udayavani daily's UV Fusion on 12th January
- Dr Hampesh K S, Assistant Professor, PG Department of Journalism and Mass Communication published an article titled 'Dead-Sea' in Niranthara Pragathi Magazine January 2021.

Staff Achievements

- Dr. Rajashekar, Assistant professor Department of Kannada participated as a resource person in a literary workshop on 'Kuvempu Sahithya mattu Samakaleena Baduku' organized by Kannada University Hampi on 20 and 21 January 2021.
- Dr. Rajashekar Assistant professor Department of Kannada participated as a resource person in a literary Programme on Muddana Sahithyothsava organized by Kantavara Kannada Sangha on 24 January 2021.
- Dr Maruthi K R, Assistant Professor, Department of Biotechnology delivered a talk on "Gene And Genetics" in a webinar series on "BASIC SCIENCE" organized by SDM College (Autonomous) Ujire in association with Pilikula Regional Science Centre, Mangalore.

- Ms. Sharada, Physical Education Director participated and successfully completed a UGC sponsored Faculty Induction Programme (online) from December 9 2020 to January 5, 2021 organized by UGC – HRDC, university of Mysore.
- Dr. Chitra B C, Asst Professor, Department of PG Studies in Social Work delivered a resource talk on “Effective Communication & Human Relations” on 4 January, 2021 for RSETI(Rural Self Employment Training Institute) trainees of Beautician course, Tailoring and Motor Repairing. There were 22 participants in the team. The Resource person spoke about why communications need to be effective.7Cs of communication. Videos supporting the factors were shown and related activities were demonstrated.
- Dr. Chitra B C, Assistant Professor, Department of PG Studies in Social Work delivered a resource talk on “Importance of Communication” on 21 January, 2020 for the Assistant Managers of SKDRDP from all over Karnataka. The programme was conducted at Centre for Potential Excellence, Belthangady. There were 35 beneficiaries.
- Dr. Chitra B C, Assistant Professor, Department of PG Studies in Social Work, delivered a resource talk on Effective Communication & Human Relations on 23 January, 2021 for RSETI(Rural Self Employment Training Institute) trainees of Men’s Parlour. There were 35 participants in the team. The Resource person spoke about why communications need to be effective, 7Cs of communication etc. Videos supporting the factors were shown and related activities were demonstrated.
- Dr Chitra B C, Assistant Professor, Department of PG Studies in Social Work, delivered a resource talk on “Effective Communication & Coping with stress” on 22 January, 2021 for BVoc students of SDM College Ujire. There were 100 participants in the team.
- Dr. Chitra B C has successfully completed NPTEL, Swayam online course on “Principles of Management” which was held from September to December and has achieved Elite in certificate of assessment on 6 January 202.
- Dr. Akshatha K. Assistant Professor, PG Department of Social Work delivered a talk on ‘Effects of Pandemic on Education and Mental Health’ among youth on 15 January 2021. The programme was organised by Vasantharathna Foundation. Nearly fifty students attended the resource talk.

- Dr. Akshatha K. Assistant Professor, PG Department of Social Work conducted a webinar on 'Study Techniques and dealing with Anxiety' for 8th and 9th standard students of Jeroza school Mangalore. The programme was organised by F.C.C Mangalore.
- Ms. Swathi B, Assistant Professor of the Department was invited as a Resource person to deliver a talk on "Creative thinking and Critical thinking" to 100 students of B.Voc students of SDM College Ujire on 28 January, 2021.
- Dr. Akshatha K. Assistant Professor, PG Department of Social conducted 'Life Skill Education' training for 100 BVoc students of SDM College Ujire. She covered two life skills such as interpersonal relationship and self-awareness. She focused mainly on the significance of them in our life and suggested a few strategies to enhance them effectively.

Staff Participation

- Dr. Bojamma K.N. Assistant professor, Department of Kannada participated in National webinar on "Muddana Sahithya Sowrabha" organised by Kristu Jayanti College, Bangalore held on 25 January 2021.
- Dr. Bojamma K.N. Assistant professor Department of Kannada had participated in Online National Level FDP on "Multi-Dimensional Approach towards Social Issues" Organised by Abbas Khan College for Women, Bengaluru held on 27 to 29 January 2021.
- Dr. Shrinath M. P. and Mr. Ravishankara G. K. Assistant ProfessorS, Department of Kannada had participated in National webinar on "Vachana Sahithya Samajika Javabdaarigalu" organised by K S S College Bangalore held on 16 January 2021.
- Dr. Shrinath M. P. and Mr. Ravishankara G K, Assistant professorS Department of Kannada participated in National webinar on "A Study Based on Folk Epics on North Malabar" Organised by Dravidian University Kuppam held on 19 January 2021.
- Dr. Shrinath M. P. Assistant professor Department of Kannada participated in International webinar on "Vachana Literature-Scientific Approach" Organised by Maharashtra Udayagiri Vidyalaya held on 23 January 2021.

- Dr. Sanmathi Kumar, Assistant Professor, Department of History participated in one day International Level E- Quiz on “Republic Day” on 26 January 2021 organized by Department of Medieval History Hamidia Girls Degree College, Allahabad.
- Dr. Sanmathi Kumar, Assistant Professor, Department of History participated in National Level Quiz on Indian National Movement on 15 January 2021 organized by PG. Studies in History Sri H.D. Devegowda Government First Grade College Paduvalahippe Holenarasipura Hassan.
- Dr. Shalip, Head, Department of Political Science, participated in a National Webinar on “Contribution and Challenges of Women in Panchayati Raj” organized by the Department of Political Science, Government College Pathariya Damoh, MP on 13 January 2021.
- Ms. Apeksha Jain, Assistant Professor Department of Physics participated in National Seminar on ‘Recent Advances in Physics’, under the aegis of star college scheme, DBT organized by BOSONS- the Physics Club, Department of Physics, Goswami Ganesh Duttasanatan Dharma College, Chandigarh.
- Dr. Manjushree. R Assistant Professor Department of English participated in the International Level Webinar on ‘Digital Humanities’ organized by Sheshadripuram Evening College, Bangalore, India on 15 January 2021.
- Dr. Manjushree. R Assistant Professor Department of English participated in the International Level Webinar on ‘Crisis of Security Challenges: A Global Concern’ organized by Tuljaram Chaturchand College, Pune, India on 16 January 2021.
- Dr. Chitra B C, Asst Professor, Department of PG Studies in Social Work, SDM College, Ujire participated webinar series on “Falls in Elderly: Risk and Prevention ” organised by Team Vayomanasa, Sanjeevani Clinic & Services, National Institute Of Mental Health And Neuro Sciences (NIMHANS) Bangalore on 4 January, 2021
- Dr. Chitra B C, Dr. Akshatha.K and Ms. Swathi B, Assistant Professors, Department of PG Studies in Social Work participated webinar series on “Successful Ageing” organised by Team Vayomanasa Sanjeevani Clinic & Services, National Institute of Mental Health and Neuro Sciences (NIMHANS) Bangalore on 11 January, 2021.
- NSS officers and volunteers participated in Anti-Tobacco Campaign of Health Ministry, GOI to support the COTPA (Amendment) Bill 2020 on 22 January 2021.

Student Achievements

- Ms Soumya, Ms Sindhu Hegade, Ms Rekha, Ms Amrutha and Mr Shashanka of final year BA Journalism have participated in recording programme and presented five radio talks on different topics for Akashvani's Yuvavani Programme on 2 January 2021.
- Journalism students' team have produced a short movie to create awareness on 'Corona Positive'. Mr Arpith R, III BA Journalism directed the film.
- Mr. Swastik, students of II MCJ secured I Prize in Stand up Comedy competition organized by JCI Belthangadi.
- Ms. Sneha Shankrappa Laxaani, NSS Volunteer participated and won first prize in Kannada Essay Competition on account of National Voters Day organised by Dakshina Kannada District SWEEP Committee on 15 January 2021.
- Ms Farahana, Ist .BSc has secured Second prize in the quiz competition held on account of National Youth Day competition on organised by Youth Red Cross Mangalore University on 12 January 2021. Mr. Adarsh T J Ist.BBA, Mr. Nethaji Naik S,Ist B.Sc and Ms. Poojashree, Ist, B.Com participated in the same.

Sports Achievements

- Mr. Rakshith, II B.Com won the Gold Medal at 18th National Federation Cup Junior under 20 Athletic Championships - 2021 held at Bhopal, Madhya Pradesh from 25 to 27 January 2021.



- Mr. Rakshith, II B.Com won the Gold Medal in 400 Mts Hurdles at Karnataka State Athletic Federation Championship (State Amateur Athletic Meet) held at Alva's college Moodabidri from 18 to 20 January 2021.