



### Principal's Desk

#### Teachers at a Distance

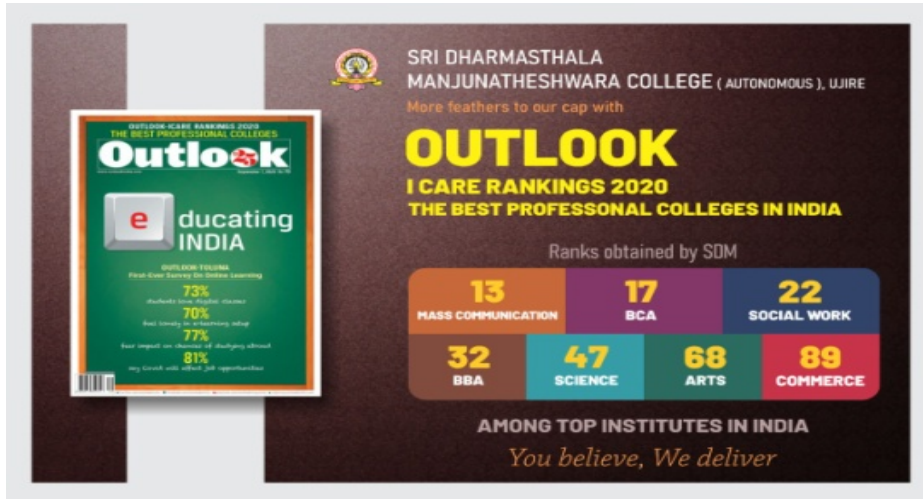
Teachers are the fortunate folks who are widely adored and appreciated by all human societies. Obviously it is due to their significant role in building a civilised nation. Ancient puranic texts are replete with numerous examples of kings and noblemen giving complete responsibility of educating their children, to the gurus or the teachers. Students lived with their teachers for several years, learning and mastering several skills. In a way teacher was always available for consultation, to the students. Truly complete learning indeed.

But as time passed, improved economic status of people as well as rapid industrialisation, necessitated systematisation of education, paving way for academic institutions, providing education for the masses. These institutions gradually gained reputation as the engines of progress and development. Teaching gradually became a standard profession and the knowledge transfer usually took place through classroom teaching and discussions. One to one interaction between the teacher and the taught was still a standard mode of education.

It has happened many times before where unexpected circumstances have changed the course of events drastically. May be the wars, pandemics or even change in governments have fuelled such changes. Fortunately the system quickly refreshed itself to suit such circumstances. Academics is no exception. In the new norms of the system, a teacher can be anywhere on the globe but still accessible to the remotest student. The reach of the teachers has attained global proportions. Students now have the rare privilege of virtually attending classes of internationally reputed teachers without moving out of the premises of their homes. Today the teacher may be at a distance but for the yearning student it hardly matters.

**Prof. Satheeshchandra S.**

## Results of Outlook Survey of HEIs of India



For the committed works in the field of higher education, one of the leading national weeklies of the country, *Outlook* recognised the college and its various departments at some of the highest positions amongst the Higher Educational Institutions [HEIs] of the country. The

Magazine published its finding in its latest issue based on a recently conducted survey. The survey took into account the academic activities, research, publication, admission ratio, results, fees structure, facilities, infrastructure, curricular, co curricular and extra curricular activities awards and recognitions. As per the publication Department of Journalism of the college is ranked 13<sup>th</sup> Department of Computer Application ranked 17<sup>th</sup>, Department of Social Works ranked 22<sup>nd</sup>, Dept of Business Administration ranked 32<sup>rd</sup>, Department of Science ranked 47, Department of Arts ranked 68 and Department of Commerce ranked 89<sup>th</sup> position in the category.

We are also happy to recallour readers that the another leading national Weekly, India Today also had also presented similar results in anation wide survey conducted and published recently.

The college is blessed to have a visionary leadership, committed staff members and enthusiastic learners to climb up the ladder of success. The achievement is atrue recognition for the teamwork demonstrated by the college in academic endeavours.



## Webinars Series

P.G. Department of Biotechnology hosted an International webinar in association with IQAC -[Paramarsh Scheme] on 4 Oct & 10 Oct 2020 by Dr. Pushpa D Rao, Research Scholar at Tuft University, Boston on the following topics.

4 October 2020 - Immunity & COVID19: Research Insight & Facts

10 October 2020 COVID 19/ Immune Response & Vaccine

The Webinar was attended by 55 participants.

### A Webinar on “Goal Based Investment Planning and Wealth Creation”

The Department of PG Studies and Research in Commerce, in association with Internal Quality Assurance Cell (IQAC) [PARAMARSH Scheme] organised a National level Webinar on “Goal Based Investment Planning and Wealth Creation” on 13 October 2020. Prof. Radhakrishna Sharma, Professor of Finance, Justice K.S. Hegde Institute of Management, NITTE University, Nitte, Mangalore was the resource person. 70 participants attended the webinar. Resource person emphasised the importance of long-term investment in the stock market. He also answered the investment related questions posed by the participants.

### A Webinar on “Mental Health for All During Stressful Pandemic Situation”

Dept. of Psychology in association with the SDM College (Autonomous) IQAC (PARAMARSH Scheme) organised a National Level Webinar “Mental Health for All During Stressful Pandemic Situation” on account of World Mental Health Day Celebrations on 10 October 2020. Dr. C.R. Chandrashekar (Former Professor of Psychiatry & Deputy Medical Superintendent, NIMHANS, Bengaluru) was the resource person. He spoke on the methods of managing mental health. Dr. Vandana Jain, Head Dept of Psychology convened the Webinar. Dr. Sudheer K V, was the organizing secretary of the webinar. Ms. Sneha Rao II BSc Mastered the Ceremony. Ms. Sinchana Shetty II BSc introduced the resource person and Ms. Smruthi N Raj II BA, proposed vote of thanks. 255 participants including the principals and staff members of the sister institutions (SDM PU UJIRE, SDM POLY TECHNIQUE UJIRE, SDM BEd, SDM DEd Ujire, SDM IT College UJIRE) attended the webinar.

### A Webinar on “Curiosity, Imagination & Knowledge”

The Department of Physics has organised a National Webinar on “Curiosity, Imagination & Knowledge”, a motivational programme on basic sciences and research on 03 October 2020. Prof S M Shivaprasad, Professor, International Centre for Materials Science, Jawaharlal Nehru Centre for Advanced Scientific Research, Bengaluru was the resource person. He stressed the importance of Basic science as it is the root for all sciences without which one cannot imagine the fruits of applied sciences. “In order to develop scientific temper one has to have curiosity, questioning skills and imagination then only relevant knowledge can be gained. In coming days one has to come out from the barriers of different streams and should go with interdisciplinary approach. Examinations should be knowledge and skill oriented but not marks oriented. To develop the true science spirit one has to observe, imagine, perform the experiments and should come out with a concrete idea” he added. Programme was presided over by Dr Satheeshchandra S, Principal who was of the opinion that curiosity and imagination are the ladders towards the development of basic sciences and research. One has to look inside and around himself with utmost curiosity to get the knowledge, he added. Dr Shankarnarayan K, IQAC Coordinator welcomed and Mr S N Kakathkar, HOD of Physics proposed vote of thanks. Miss Rashmi mastered the ceremony. Over 80 participants are benefited in the programme.

## Pushpa Namana - *Gandhi Jayanthi*

- NSS and Rovers and Rangers celebrated Gandhi Jayanthi doing “Pushpa Namana” in the college entrance at 9.30a.m. on 02.10.2020, The staff members, NSS Volunteers, Rovers and Rangers were present.



## Administration of Pledge

- NSS Units organised administration of pledge for NSS officers, teaching and non-teaching faculties on precautions over Covid -19 on 8 October 2020.



## SDM - FIT INDIA FREEDOM RUN 2020

- Department of Physical Education organised "SDM - FIT INDIA FREEDOM RUN 2020" on the occasion of "Gandhi Jayanthi" from 01 October 2020 - 02 October 2020. 374 members from 7 states of India participated in the event who ran a total of 932 Kilometres. Mr. Ramesh H, Ms Sharada, and Mr. Sudeena, Physical Education Directors coordinated the programme.



## Staff Achievements

- Dr Yuvaraja U, Assistant Professor, Dept of Economics, is recognised as Reviewer of the InSc- International Journal of Management Social Studies , by Institute of Scholars.
- Dr Yuvaraja U , Assistant Professor, Dept of Economics is recognised as Professional Life Time Member of Institute of Scholars (InSc).



## Staff Publications

- Dr.Ajaya Kumar Shetty Head, Dept of Economics & Abhinandan Jain, Assistant Professor, Dept of Economics published a Research Article titled “A Case Study of Entrepreneurship Development for Reaping Demographic Dividend”, published in ‘COVID-19 Challenges & Opportunities’, edited by Ashotosh Priya, published by International Educator Group, Washington D C, USA, ISBN 978-1-953224-00-2, pp44-54
- Dr.Ganaraja.K, Department of Economics, published a research article titled “Sustainable Traditional Practices In Education For Societal Well-Being: A Study”, published in ‘COVID-19 Challenges & Opportunities’, edited by Ashotosh Priya, published by International Educator Group, Washington D C, USA, ISBN 978-1-953224-00-2, pp11-18
- Dr. Sanmathi Kumar Assistant Professor, Department of History, SDM College Ujire, published an International Research Paper entitled “Swami Vivekananda: Philosophy, Education and its Relevance” in International Journal of Multidisciplinary Educational Research® -- ISSN No 2277-7881 Impact Factor: 6.514(2020); Index Copernicus Value: 5.16, ISI Value: 2.286. Research Unique Number: 17.7.2013.49 (UGC Approved Journal) Peer Reviewed & Refereed International Journal, Indexed & Listed at: Ulrich’s Periodicals Directory @, ProQuest. U.S.A. International Regd. published by Sucharitha Publications IJMER, VOLUME 9, Issue 9(8), September 2020, Visakhapatnam, 530017, Andhra Pradesh, on 1 October | 2020.
- Dr. Sanmathi Kumar Assistant Professor, Department of History, SDM College Ujire published a Research Paper titled “ Dharmaraja Dakshina Bharatada Gandhi- Karnad Sadashivarayaru ” in Antarvani a book collection of research articles, Volume 10, published by Indaneelanim Publications, Chikodi, Belagum, 591222 with ISBN No. 978-81-946610-0-9 in the month of September 2020.
- Dr.Vasantha Kumar Assistant professor ,has published a research paper titled ‘Theoretical and experimental solid state studies of Ethyl 1-benzyl-2-(thiophen-3-yl)-1H-benzo[d]imidazole-5-carboxylate’ in UGC-CARE Journal Zeitschrift für Kristallographie - Crystalline Materials. DOI: <https://doi.org/10.1515/zkri-2020-0052> (ISSN : 2194-4946)



- Dr.B.P.Sampath Kumar, HOD Department of Kannada has written an article on "Jeevadayasthtami" and sent to Prof. Dr.Anna Aurelia Esposito, University of Wurburg, Germany for his reference on 30 September 2020.
- Dr.Rajshekar Department of Kannada Published a poem in AVADHI Web Magazine on 12 October 20.
- Dr.Rajshekar Department of Kannada Published a poem titled 'Magalu' in Tushara monthly on 10 October 2020.
- Dr.Rajshekar Department of Kannada Read a story titled 'Hejjege Dari' on 'Kate KelonaBanni' web programme organized by Book Brahma e-magazine on 08 October 2020.
- Dr. Divakar K Department of Kannada published a poem "Korona-KarmadaHemmarai'n SuddiBidugade Weekly on October 01 issue.

## Staff as Resource Persons

- Dr.A.Jaya Kumar Shetty, Head, Dept of Economics was invited as resource person to deliver a talk on "Sports and Employability" in a National Webinar on "Contemporary Issues in Spots" organised by Department of Physical Education, Government First Grade College, Kavoov, Mangalore. 29 September 2020
- Dr.Kumara Hegde B A Head, Dept of Botany delivered a talk on "Pandemics - Causes and Consequences" at Junior Chamber International chapter, Ujire 10 October 2020
- Dr.A.Jaya Kumar Shetty was invited to deliver a talk on "SDM Online Class Model" in the orientation session for First PU Students of SDMPU College, Ujire on 05 October 2020
- Dr.B.P.Sampath Kumar, Head, Department of Kannada was the resource person for the National Level Webinar on the topic "Harishchandra Kavyanusandhana" programme organised by SDMBEd College, Ujire on 29 September 2020.
- Dr.B.P.Sampath Kumar, HOD Department of Kannada delivered a talk on the topic "Dr. ShivaramaKaranthaVaykti-Shakti" (Jnanapeeta Awardee) on the occasion of his 118<sup>th</sup> birthday programme organised by MakkimaneKalavrundha, Mangalore on 10 October 2020.
- Dr. Divakar K Department of Kannada Participated as a resource person in Tulu Language Training Program for Police Constables of Belthangady Police Station on 01 October 2020.



## Staff Participation

- NSS Programme Officers of the college attended a Two Day Workshop on “Child Rights and Protection” organised by National Institute of Public Cooperation and Child Development (NIPCEED) on 13 and 14 October 2020.
- Dr. A. Jaya Kumar Shetty, Head, Dr. Ganaraja K, Dr. Mahesh Kumar Shetty H, Ms. Vasanthi.M.K, Abhinandan.K.C Assistant Professor, Department of Economics participated in the Two days National Webinar on “An Introduction to the World of Intellectual Property Rights”, organised by Shri Dharmasthala Manjunatheshwara College (Autonomous), Ujire (IQAC Paramarsh) & Shri Dharmasthala Manjunatheshwara Law College Centre for Post Graduate Studies and Research in Law, Mangaluru, held on 6 and 7 October 2020.
- Dr. A. Jaya Kumar Shetty Head, Dept of Economics, participated in an International Virtual Seminar on “Equity in Global Tax Regimes and Implications for SDGs”, jointly Organised by South Centre, Geneva, The Sustainability Platform (TSP), Asia, Department of Economics, Sir MV PG Centre, University of Mysore, Mandya Campus, India and Indian Economic Association, India on 7 October 2020.
- Dr. Ganaraja K, Assistant Professor, Dept of Economics participated in the national level Webinar on ‘COVID-19 & Indian Economy’ organised by Dept of Economics, K.L.E. Society’s S.K Arts College and H.S.K. Science Institute, Hubballi in Collaboration with Dept of Studies in Economics, Karnataka University, Dharwad held on 07 October 2020.
- Dr. Mahesh Kumar Shetty H Assistant Professor, Dept of Economics participated in SDM Fit India Freedom Run-2020 on the occasion of Gandhi Jayanthi, organised by Department of Physical Education, SDM college (Autonomous), Ujire.
- S N KAKATHKAR, Head, Dept of Physics attended an International Webinar on “Nano Technology - The Way Ahead” organised by the Department of Physics, Gurunanak Khalsa College, Yamuna Nagara, Haryana
- S N KAKATHKAR Head, Dept of Physics and Ms Rashmi N participated the National level webinar on “CURIOSITY, IMAGINATION & KNOWLEDGE” a motivational talk towards Basic Sciences & Research organised by the department of Physics, SDM College (Autonomous), Ujire on 03 October 2020





- S N KAKATHKAR Head, Dept of Physics participated the International webinar on “Immunity and COVID-19” organised by the PG department of Biotechnology,SDM College(Autonomous),Ujire on 04 October 2020
- S N KAKATHKAR Head, Dept of Physics participated in the two day National Webinar on “An introduction to the World of Intellectual property Rights “jointly organised by SDM College (Autonomous),Ujire and S D M Law college Mangalore from 06 to 07 October 2020.
- S N KAKATHKAR, Head, and Ms. Rashmi N Assistant Professor, Department of Physics have participated in the two day international e conference on “Material Science and Technology - 2020”, an approach for Trans-Disciplinary research, organised by KLE Society’s S. Nijalingappa College, Bangalore from 09 to 10 October 2020.
- Dr. Sanmathi Kumar, Assistant Professor, Dept of History participated in the following webinars
  - National Webinar: Participated in National webinar on “NAAC and Quality Enhancement Strategies” organised by IQAC Mazbat College Mazbat Udalguri Assam on 30<sup>th</sup> September 2020.
  - National Webinar: Participated in National webinar on “Gandhian concept of Education- its Present Relevance” on 2<sup>nd</sup> October 2020 organised by History Department Government First Grade College for Women Balmata, Mangalore.
  - National Webinar: Participated in National webinar on “Transition in Property rights from Medieval to Modern India on 29<sup>th</sup> September 2020 organized by PG Department of History Swami Swatantranand Memorial College, Dinanagar, Gurdaspur, Punjab.
  - National E- Quiz: Participated in National E-Quiz on the Life of Mahatam Gandhi on 30<sup>th</sup> September 2020 organised by Humanities Association Government First Grade College for Women Balmata, Mangalore.
  - National Webinar: Participated in Two day’s National Webinar on “Introduction to the World of Intellectual Property Rights” held on 6<sup>th</sup> and 7<sup>th</sup> October 2020 organised by SDM College (Autonomous) Ujire and SDM Law College center for Post Graduate Studies and Research in Law, Mangalore.
  - National Webinar: Participated in National Webinar on “Ramakrishna – Vivekananda Ideology and Reawakening of India” on 6<sup>th</sup> October 2020 organised by Vivekananda Manav Prakarsh Sansthan, Vivekananda Vidyapeeth Kota, Raipur Chhattisgarh.



- National Workshop: Participated in One day National Workshop on “Teaching Learning Evaluation: Addressing Qualitative Metrics” on 5<sup>th</sup> October 2020 organised by IQAC Deogiri College and Kala Varishta Mahavidyalaya Sawangi Aurangabad, Maharashtra.
- Dr.Vishwanath. P, Associate Professor, Department of Chemistry participated in the Two - day National Webinar on “An Introduction to the World of Intellectual Property Rights” organised by Sri Dharmasthala Manjunatheshwara College (Autonomous) (IQAC-Paramarsh), Ujire and Sri Dharmasthala Manjunatheshwara Law College, Centre for Post Graduate Studies and Research in Law, Mangaluru on 6 and 7 October 2020.
- Dr.Vishwanath. P, Associate Professor, Department of Chemistry has participated in the International Webinar on “Immunity and COVID-19” organised by the GENIX Association, Department of Biotechnology, Sri Dharmasthala Manjunatheshwara College(Autonomous) ( IQAC-Paramarsh), on 4 October 2020.
- Dr.RajeshN.Hegde, Assistant Professor, Department of Chemistry has participated in the International Virtual Conference on “Infection, Prevention and Control for Novel Corona Virus COVID-19” organised by Research Foundation of India, Meditwal Vaishya samaz Rachnamatka Manch, India and ARGA, on 4 October 2020.
- Dr.RajeshNHegde, Assistant Professor, Department of Chemistry has participated in the Two - Day International e-Conference on “Material Science and Technology-2020- An Approach to Trans-Disciplinary Research” organised by S Nijalingappa College, Bengaluru, on 9 and 10 October 2020.
- Dr.Kumara Hegde B A has participated in National webinar on "Curiosity, Imagination and Knowledge" organised by the Department of Physics and I Q A C of SDM Autonomous College , Ujire on 03 October 2020
- Dr.Kumara Hegde B A Head, Dept of Botany participated in an international webinar on "Immunity and Covid-19" organised by Genix Association, PG Department of Biotechnology and IQAC of SDM College Ujire on 04 October 2020
- Dr.Kumara Hegde B A participated in a national webinar on "Gardens and Gardening" presented by Nandini Dholepat, organised by Atal Bihari Vajpayee To, ABHAV foundation Bilaspur, on 04 October 2020



- Dr. Kumara Hegde B A Head, Dept of Botany participated in National webinar on "An Introduction to the World of Intellectual Property Rights" organised by SDM College, Ujire, IQ AC and SDM law College, Mangalore on 06 and 07 October 2020
- Ms. Shakunthala. B Assistant Professor, Dept of Botany participated in an International webinar on "Covid-19 - Immune Response and Vaccine" organised by Genix association, PG department of Biotechnology and IQAC of SDM College Ujire.
- Dr. Sudheer K.V, Assistant Professor, Dept of Psychology attended a Two Day National level Webinar on "An Introduction to the World of Intellectual Property Rights", organised by Shri Dharmasthala Manjunatheshwara College (Autonomous), Ujire (IQAC Paramarsh) & Shri Dharmasthala Manjunatheshwara Law College Centre for Post Graduate Studies and Research in Law, Mangaluru on 6th and 7 October 2020.
- Ms. Shakunthala, Assistant Professor, Dept of Commerce participated in the National level Webinar on Robotics for Accounting and Auditing organised by Govt. First Grade College, Bilikere, Hunsur Taluk Mysore on 10 October 2020
- Dr. Lakshminarayana K.S, Assistant Professor, Dept of Commerce participated in National Level Webinar on "An Introduction to the World of Intellectual Property Rights" organised by SDM College, Ujire on 6 and 7 October 2020
- Dr. Lakshminarayana K.S, Assistant Professor, Dept of Commerce participated in International Webinar on "Contemporary Issues in Commerce and Management [IWCICM - 2020] organised by St. Philomena's College, Mysore on 6 to 9 October 2020.
- Dr. Lakshminarayana K.S, Assistant Professor, Dept of Commerce participated in International Level Webinar on "Exposure to Global Career & Work Life" organised by Dept of Commerce, Canara College, Mangaluru on 10 October 2020
- Dr. Lakshminarayana K.S, Assistant Professor, Dept of Commerce, participated in National Level Webinar on "Goal-Based Investment Planning and Wealth Creation" organised by PG Dept of Commerce, SDM College, Ujire on 13 October 2020
- Ms Fathima Safira, Assistant Professor, Dept of Commerce participated in the International Webinar on "CULTURE IN INTERNATIONAL BUSINESS" organised by Metas Adventist College, Surat on 12 October, 2020



- Ms Fathima Safira, Assistant Professor, Dept of Commerce participated in One Day National Workshop on National Education Policy 2020- Implementation Plan, organised by Swami Ramanand Teerth Marathwada University, Nanded on 1st Oct. 2020,
- Ms Fathima Safira, Assistant Professor, Dept of Commerce participated in the one day FDP on “Fundamentals of Quality Management” organised by MAHE, Manipal on 4<sup>th</sup> October, 2020
- Dr Shashikant S Kurodi, Assistant Professor, Dept of English attended a two days national level webinar on ‘An Introduction to the World of Intellectual Property Rights’ organised by IQAC Paramarsh, SDM College, Ujire and Department of PG Studies and Centre for Research in Law and Management, SDM Law College, Mangalore from 6 to 7 October, 2020.
- Mr. Shafwan V, and Mr. Sooryanarayana Bhat P, Assistant Professors, Dept of English attended an international webinar on ‘Literature Studies in the Face of Human Crises’ organised by EFLU, Hyderabad on 09 October 2010.
- Dr Yuvaraja U, Assistant Professor, Dept of Economics has attended Two days National Webinar on “An Introduction to the World of Intellectual Property Rights” organised by Shri Dharmasthala Manjunatheshwara College (Autonomous), Ujire (IQAC Paramarsh) & Shri Dharmasthala Manjunatheshwara Law College Centre for Post Graduate Studies and Research in Law, Mangalore, held on 6 and 7 October, 2020.
- Mr. Muruganandan S, Assistant Professor, PG Studies in Commerce participated in an online workshop on "Mastering Affective Domain of Bloom's Taxonomy" organised by Academy for Creative Teaching on 18 & 19 September 2020.
- Mr. Muruganandan S, Assistant Professor, PG Studies in Commerce participated in an online workshop on "Mastering Cognitive Domain of Bloom's Taxonomy" organised by Academy for Creative Teaching on 21 & 22 September 2020.
- Dr Chitra B C, Assistant Professor, Dept of MSW attended a webinar series on “ Human Resource Practices” organised by MSW Socialites-nurturing human values, An Alumni Association of the Department of Studies in Social Work, University of Mysore, Mysore on 1, 3, 5 & 7 October, 2020.
- Dr Chitra B C, Assistant Professor, Dept of MSW attended one day national webinar on “ Impact of Covid 19 on HR Practices” organised by Department of Commerce(PG), & IQAC Kempe Gowda Institute of Research and Management, held on 06 October 2020.



- DrChitra B C, Assistant Professor, Dept of MSW attended a National webinar on “Occasion of Mental Health Day” organised by the Department of Psychology in association with IQAC (Paramarsh Scheme), SDM College, Ujire on 10October 2020.
- DrChitra B C, Assistant Professor, Dept of MSW has attended a National webinar on “ Combating Psychological Problems of Women” organised by Sexual Harassment Prevention Cell, Girl Students Redressal Cell and Ranger & Rover Unit, Government Law College, Ramanagar, Karnataka, India on 10October 2020.
- DrChitra B C, Assistant Professor, Dept of MSW has attended a International Virtual Awareness Campaign on “Breast Health: An Integral Component of Women Health”, an International Symposium on Breast Health- Southern Region” organised by Sanjeevani Life Beyond Cancer, Mumbai a pioneer in Comprehensive Cancer Care on 14October 2020.
- MsSwathi B, Assistant Professor, Dept of MSW has attended a webinar series on “ Human Resource Practices” organised by MSW Socialites-nurturing human values, An Alumni Association of the Department of Studies in Social Work, University of Mysore, Mysuru on 1, 3, 5& 7October, 2020.
- MsSwathi B, Assistant Professor, Dept of MSW has attended one day national webinar on “ Impact of Covid 19 on HR Practices” organised by Department of Commerce(PG) & IQAC on 06October 2020.
- MsSwathi B, Assistant Professor, attended a National webinar on “ Occasion of Mental Health Day” organised by the Department of Psychology in association with IQAC (Paramarsh scheme), SDM College, Ujire on 10October 2020
- Ms. Swathi B, Assistant Professor, Dept of MSW attended a International Virtual Awareness Campaign on “Breast Health: An Integral Component of Women Health”, an International Symposium on Breast Health- Southern Region” organised by Sanjeevani Life Beyond Cancer, Mumbai, a pioneer in Comprehensive Cancer Care on 14October 2020.
- DrAkshatha K, Assistant Professor, Dept of MSW attended a National webinar on “Occasion of Mental Health Day” organised by the Department of Psychology in association with IQAC (Paramarsh scheme), SDM College, Ujire on 10October 2020.
- Dr. Athul.S.Semitha, Assistant Professor, Dept of MSW participated in a National Webinar on “Occasion of Mental Health Day” organised by the Department of Psychology in association with IQAC (Paramarsh scheme), SDM College, Ujire on 10October 2020.



- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended an International Virtual Awareness Campaign on “Breast Health: An Integral Component of Women Health”, an International Symposium on Breast Health- Southern Region” organised by Sanjeevani Life Beyond Cancer; Mumbai a pioneer in Comprehensive Cancer Care on 14 October 2020.
- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended one day national webinar on “Impact of Covid 19 on HR Practices” organised by Department of Commerce(PG), & IQAC Kempe Gowda Institute of Research and Management, held on 06 October 2020.
- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended in the Three Day International Web-Workshop on “Dynamics of Gender Justice and Violence against Women: Issues, Challenges and Remedies” organised by Sexual Harassment Prevention Cell, Bankura University, West Bengal on held on 3, 4, and 5 October 2020.
- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended in One Day International Web-Webinar on “United Nations@75; Key Issues of Migration and Human Rights and Challenges” organised by department of Political Science, Kempegowda Institute of Management and Research in Association with Govt. college, Bangalore and K.R Puram, held on 3 October 2020.
- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended in the Three Day International Web-Workshop on “Dynamics of Gender Justice and Violence against Women: Issues, Challenges and Remedies” organised by Sexual Harassment Prevention Cell, Bankura University, West Bengal on held on 3, 4, and 5 October 2020.
- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended in the National Virtual Symposium “Society, Economy and Development during Covid 19 Pandemic Lessons for Emerging Economics” organised by Department of Social Work, Central University of Tamil Nadu, Bharathiar University, Coimbatore, Thiruvavur Centre for applied Research, Gandhigram Rural Institute, Gandhigram 10 October 2020.
- Dr. Athul. S. Semitha, Assistant Professor, Dept of MSW attended in the Webinar on “Reopening of Schools Safely Amidst Covid-19” organised by National Institute of Disaster Management, CCDRR Centre, New Delhi held on 1 October 2020.
- Dr. Dhaneshwari, Assistant Professor, Dept of MSW attended one day national webinar on “Impact of Covid 19 on HR Practices” organised by Department of Commerce(PG) & IQAC on 06 October 2020.



- Dr.Dhaneshwari , Assistant Professor, attended a National webinar on “ Occasion of Mental Health Day” organised by the Department of Psychology in association with IQAC (Paramarsh scheme), SDM College, Ujire on 10 October 2020
- Dr.Dhaneshwari, Mr. Ravishankar KR, Assistant Professor,SDM PG Centre, participated in an International Virtual Awareness Campaign on “Breast Health: An Integral Component of Women Health”, an International Symposium on Breast Health- Southern Region” organised by Sanjeevani Life Beyond Cancer; Mumbai a pioneer in Comprehensive Cancer Care on 14 October 2020.
- Dr.Somwya B.P, Dr.Naveen Kumar and Dr.Shashiprabha, Assistant Professors, P.G Department of Chemistry participated in a two dayNational Webinar on “An Introduction to the World of Intellectual Property Rights” organised by ShriDharmasthalaManjunatheshwara College (Autonomous), Ujire (IQAC Paramarsh) &ShriDharmasthalaManjunatheshwara Law College, Centre for Post Graduate Studies and Research in Law, Mangaluruon 6th and 7th October, 2020,.
- Dr. Maheshbabu, Assistant Professor, Department of PG Studies and Research in Psychology participated in Two days National Webinar on “ An Introduction to the World of Intellectual Property Rights” organised by IQAC Paramarsch, in association with SDM Law College on 6<sup>th</sup> and 7<sup>th</sup> October 2020
- Ms. Sharada, Physical Education Director of the college participated in the National level webinar on “ Confidence Rebuilding in Sportsmen through Physical Fitness andStress Management during Covid Pandemic” organised by A B Shetty Memorial institute of dental Science and department of Physical Education in collaboration with physical education Foundation of India – Karnataka Chapter on 15 October 2020.
- Ms Sharada, Physical Education Director, participated in the webinar series VII “Perspective of Physical Education and Challenges in sports” organised by Mangalore University , Department of Physical Education and introduced the guest on 14 October 2020.
- Dr.Rajesh.N.Hegde, Assistant Professor, Department of Chemistry has participated in the Five – Day Online International Faculty Development Programme on “Smart and Nano Materials” organised by the Department of Physics, Eashwari Engineering College, Chennai, Tamilnadu on 14 to 18 September 2020.



### SDM-Rotary Career Guidance & Placement (HRD) Centre has initiated the following activities

MS. Excel Online Training from 01 October 2020 To 15 October 2020 (8Sessions)

Quantitative Aptitude from 01 October 2020 To 15 October 2020

Communications Skills (8Sessions) from 01.10.2020 To 15 October 2020

Organised special lecture on 'Growth Mindset" by Dr Rajata Shetty on 10 October 2020

On 'Bombay Stock Exchange Market (BSE) Challenges and Opportunities on 15 October 2020

### SDM Sports slub is providing regular coaching the following areas

Online Coaching : Morning: 6.30 am to 7.30 am

: Evening: 4.30 pm to 6.30 pm

Sl.no	Name of the coach	Event	No of students
1	Mr. Ramesh.H	Volleyball (Women)	10
2	Ms. Sharada	Tennis, (Men & Women ) Kabaddi, Women	28
3	Mr. Sudeena	Volleyball & Handball ( Men)	21
4	Mr. Sandesh.B.Poonja	Athletics (Men & Women)	45
5	Mr. Rajendra Prasad	Weight lifting (Men & Women)	15
6	Nithin	Netball (Men)	20
7	Charan J.D	Kabaddi (Men)	15
8	Manasa.K	Volleyball (Women)	10





## NSS Activities

- NSS Units initiated enrolment of First year students for the academic year 2020-21 through Google form on 5 October 2020.
- NSS Volunteers participated in a One Day State Level Webinar on “Gandhi Thoughts and Youth” organised by Youth Empowerment and Sports, Karnataka Govt, State NSS Cell and NSS, Mangalore University, Mangalore on 14 October 2020.

## Student Achievements

- Ms. Manjula Chiploonkar , 2<sup>nd</sup> M.Sc Psychology has completed the Certificate Course on Psychoanalytic School of Thought organised by HealthyMinds World, Bengaluru.
- Ms. Raksha III BA won I Prize in the Kannada essay writing competition organised by Dharpana Magazine as part of Gandhi Jayanthi. celebration.
- Ms Swathi P S, MSc Psychology has attended an online live quiz on abnormal psychology and won 1<sup>st</sup> prize, on October 12 2020, organised by UPS education.
- Ms. Raksha III BA, Participated in the Kannada elocution competition and won I prize. Our students Mr. Arjun Shenoy, III BCA, Ms. Sharadhi Shetty I BA have won I prize and consolation prize in the Kannada poetry writing competition respectively. Ms. Nishmitha K, I BSc, also participated in the Kannada poetry writing competition. Ms. Leshma II BA participated in the Kannada essay writing competition. all the competitions are conducted by the cultural association of SKVMS College Kundapura on 2 October as part of Gandhi Jayanthi.
- Ms. Raksha, I BSc; Ms. Vaishnavi, II BSc; Jyothika I BA; Rekha K.M., III BA; Chaithra I BA; and Sharadhi Shetty, I BA participated in an Essay writing competition organised by the Forest dept., Wildlife Division, Govt of Karnataka from 29 September to 2 October 2020. Ms. Raksha, I BSc secured II prize in it.
- Ms. Revathi. K. M , MSc Psychology participated in a panel discussion on Ethics in Life as one of the speakers organised by Toastmaster's Club, Mysore Branch on 30 September 2020.



## Students Lecture Series

- Department of History organised a Student Lecture on topic "Shree Sahasralingeshwara Mahakali Temple, Dakshina Kashi- Uppinangady" by Ms. Dhanya Prabhu student of III BA ( R. No 180014) through Google Meet on 01 October 2020. 115 students of SDM College were present in the programme. Dr. Sanmathi Kumar coordinated the programme and Dr. Bojamma K.N. Coordinator of the Co- Curricular committee was present on the occasion.
- Department of Commerce organised Student Lecture on topic "Impact of Covid 19 on Indian economy" by Mr. Ahammad Musthaq, student of III B. Com B (R . No 180014) in Google Meet on 08 October 2020. 55 students of SDM College are present in the programme. Ms. Fathima Safira Coordinated the programme. Dr. Bojamma K.N. Coordinator of the Co- Curricular committee, Dr. Sanmathi Kumar Committee Coordinator, Dr. Lakshinarayan K.S. Ms. Ratharvathi. K and Ms Shakunthala faculty of Commerce are present on the occasion.

## Student Participation

- Ms. Sushmarani B.L., Ms Swathi P S, Ms. Neha M.V., Ms. Kalpana. K., MS. Tanuja S, Ms Akhila P Mohandas, Ms. Esha I BCom, Ms. Chaithra K I BA, Ms. Anusha G Shetty I BA, Ms. Nandana I BSc & Ms. Farhana I BSc have participated in the All India level essay writing competition named Hurtfulness essay organised by Shri Rama Chandra Mission from 21 September to 30 September 2020.
- Ms. Sushmarani B.L M.Sc Psychology participated in one day national level webinar on "Role of Yoga and Physical Education in Making India Atmanirbhar" organised by the Department of Physical Education and NSS an IQAC initiative of Government First Grade College, Rajajinagar Bengaluru held on 22 September 2020
- Ms. Prathvi Naik , Ms. Anusree Ashok, Ms Manjula Chiploonkar, Ms. Sharanya R S, M S. Rashmi P Naik, Ms. Harshitha, Ms. Pooja Bangera, II M.Sc Psychology participated in the National Level Webinar on "Corona Induced Online Education and Offline Consequences on Mental Health" On occasion of World Mental Health Day organised by the Department Psychology in association with IQAC ( Paramarsh Scheme), SDM College, Ujire on 10 October 2020.



- Ms.Rashmi P Naik , M Sc Psychology attended a webinar on “Interpreting Depression“ organised by HealthyMinds World on 30 September 2020.
- Ms.Rashmi P Naik , M Sc Psychology attended a webinar on “Psychology of Music”organised by the Department of Psychology , YIMS Palakkad on 6 October 2020.
- Ms.Rashmi P Naik , M Sc Psychology attended a webinar on “Anxiety And Panic Disorders” organised by HealthyMind's World on 11 October 2020.
- Ms.Rashmi P Naik , M Sc Psychology attended a Certificate Course on “Psychoanalytic School of Thought” organised by HealthyMinds World on 30 September 2020.
- Ms. Sharanya Rs, M.Sc psychology participated in the National level Web panel discussion on Theme: "Mental Health for all: Greater investment-Greater Access" organised by Jyothi Nivas College, B.Voc department of Psychology on the occasion of World Mental Health day on 10 September 2020.
- Ms. Manjula Chiploonkar , 2<sup>nd</sup> M.Sc Psychology participated in the one day National webinar on “Psychology of Music” organised by the Department of Psychology YIMS Palakkadon 6 October 2020.
- Ms. Manjula Chiploonkar , 2<sup>nd</sup> M.Sc Psychology participated in the webinar “Interpreting Depression ” by Healthy Minds World , Bengaluruon 7 October 2020.
- Ms. Manjula Chiploonkar , 2<sup>nd</sup> M.Sc Psychology participated in the webinar Anxiety and Panic disorder by HealthyMinds World , Bengaluru on 7 October 2020.
- Ms. Manjula Chiploonkar , 2<sup>nd</sup> M.Sc Psychology attended the webinar on the theme “ Mental Health for all : Greater Investment – Greater Access ” organised by Jyothi Nivas College Autonomous on 10 October 2020.
- Ms. Kalpana. K., MSc.Psychology participated in the One Day National Level Webinar on “ Psychology of Music "organised by the Department of Psychology, YIMS, Palakkad on 6October 2020.
- MS. Tanuja S,MSc Psychology has participated in an Internship on Introduction to special education, organised by the Department of Mental Health and BehaviouralSciences,Forties Health Care, held on 31 August to 7 September 2020.
- MsSwathi P S, MSc Psychology attended a webinar on ‘Building Resilience among Children’, organised by Heart It Out, Bangalore on 10 October 2020.



- MsSwathi P S, MSc Psychology attended a webinar on 'Impact of Lockdown on Mental Health; a Psychological Perspective', organised by lissah College, Calicut on 10 October 2020.
- MsSwathi P S, MSc Psychology attended a webinar on 'Young People and Mental Health in Changing World' organised by MES Keveeyam College, Malappuram on 10 October 2020.
- MsSwathi P S, MSc Psychology attended a web panel discussion on 'Mental Health for all; Greater Investment-Greater Access', organised by Jyothinivas College, Bangalore on 10 October 2020.
- MsSwathi P S, MSc Psychology attended a quiz on Psychology, organised by lissah College, Calicut on 10 October 2020.
- Anusree Ashok, II MSC Psychology participated in an International Online Workshop on Counselling Skills, organised by Asha Deepa Centre for Wholeness and the Indian School Psychology Association (M.P), from 2 to 3 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the national webinar on the topic "Fostering Family Ties for a Better Future" conducted on 10 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended an international webinar on the topic "How Emotions Guide Your Life" conducted on 10 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the national webinar on the topic "Indian Psychology" conducted on 11 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the national webinar on the topic "Psycho-Vaccine for Covid-19" conducted on 11 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the national webinar on the topic "Youth as Promoters of Mental Health" conducted on 11 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the webinar on the topic "Know Yourself: an Introspection" conducted on 12 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the national webinar on the topic "Goal-Based Investment Planning and Wealth Creation" conducted on 13 October 2020.
- Ms. Anusree Ashok II MSC Psychology attended the national webinar on the topic "Behavioural Addictions & Management Strategies" conducted on 14 October 2020.
- Ms. Prathvi Naik, M.Sc Psychology has participated in the Webinar on "Overcoming Negative Emotions" organised by the Dr. G. Shankar Government Women's First Grade College and P.G. Study Centre on account of World Mental Health Day on 10 October 2020.